Lecture 15:

Video Compression + Basic Video Conferencing Systems

Visual Computing Systems
Stanford CS348K, Spring 2025

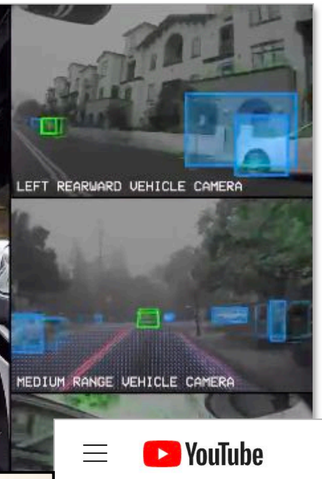
Some broader questions for today

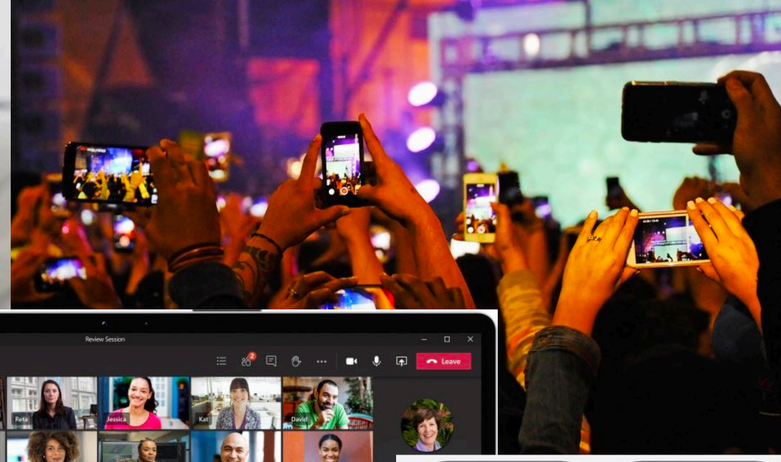
- Compression is a form of understanding: interesting video content analyses performed to make modern video compression schemes work

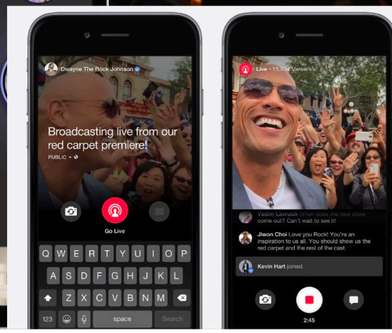
- Manually crafted compression schemes vs. learned compression schemes
  - What about content/task-specific compression schemes

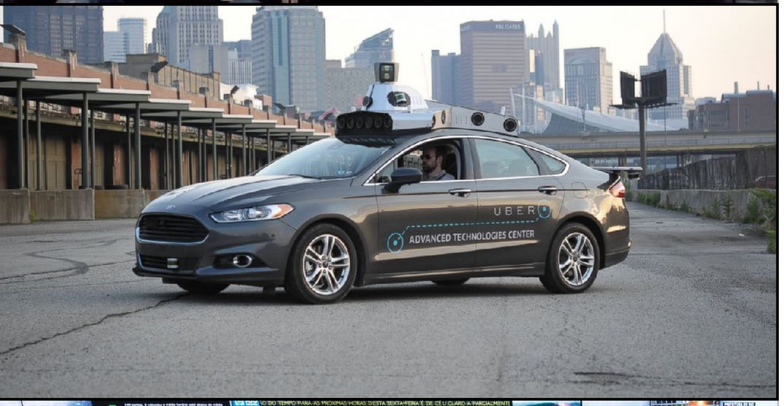
- Viewing decoding a video as a "form" of rendering
  - What does it mean to "capture" and transmit someone's likeness?

Ubiquitous video



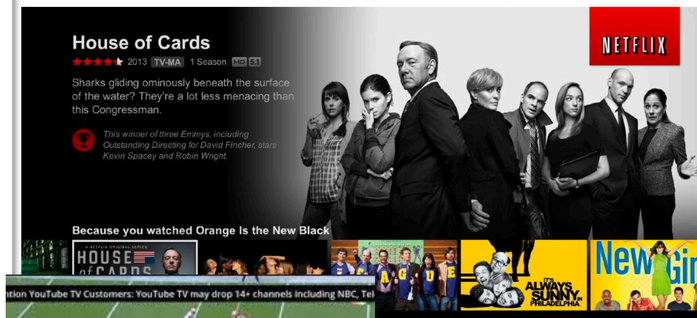




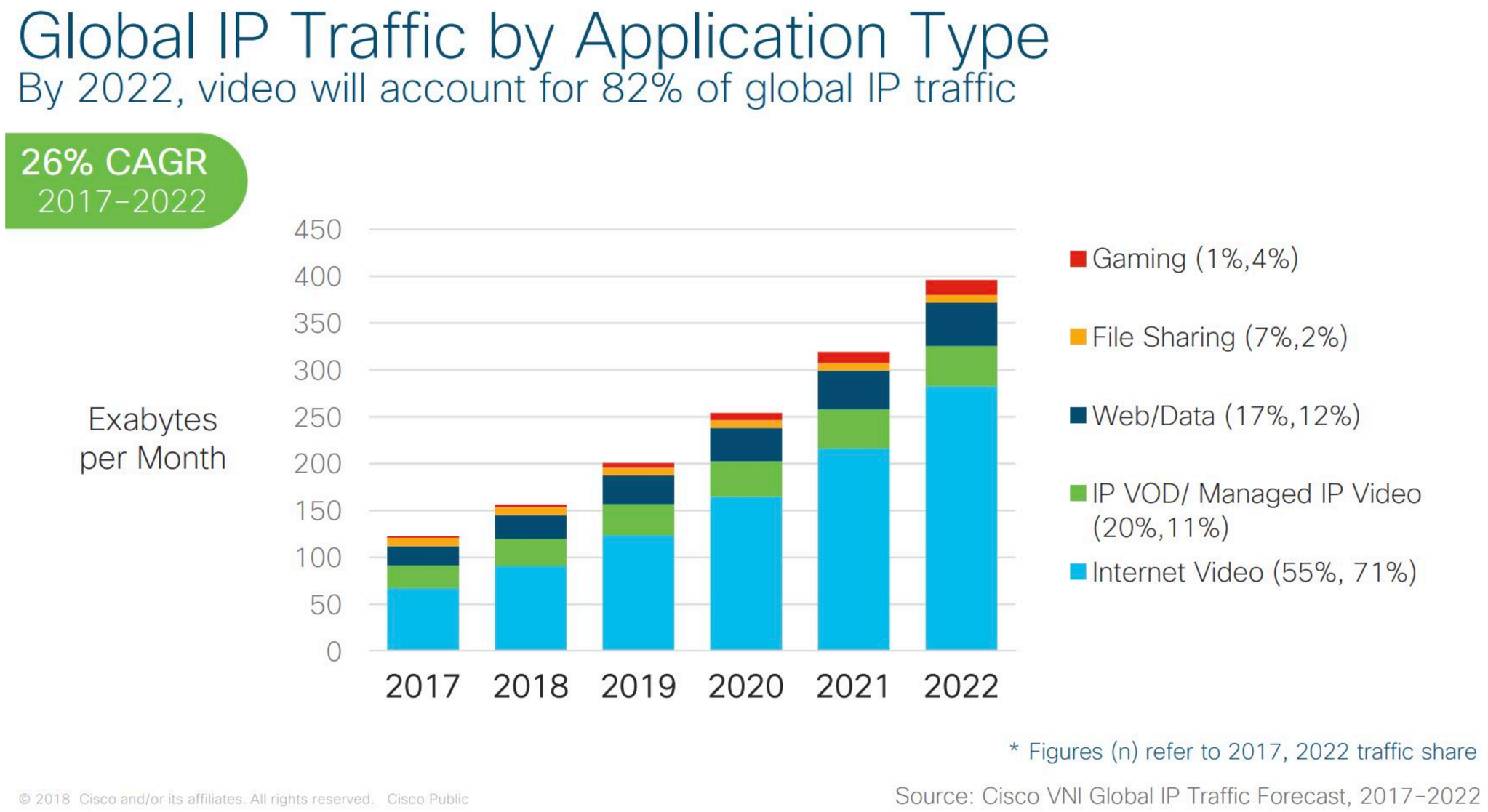


Baby Shark Dance | #babyshark Most Viewed Video | Animal Songs | PINKFONG Songs for Children

Pinkfong Baby Shark - Kid...
67M subscribers
Subscribe
40M
Share



Estimate: 82% of internet traffic will be video



* Figures (n) refer to 2017, 2022 traffic share

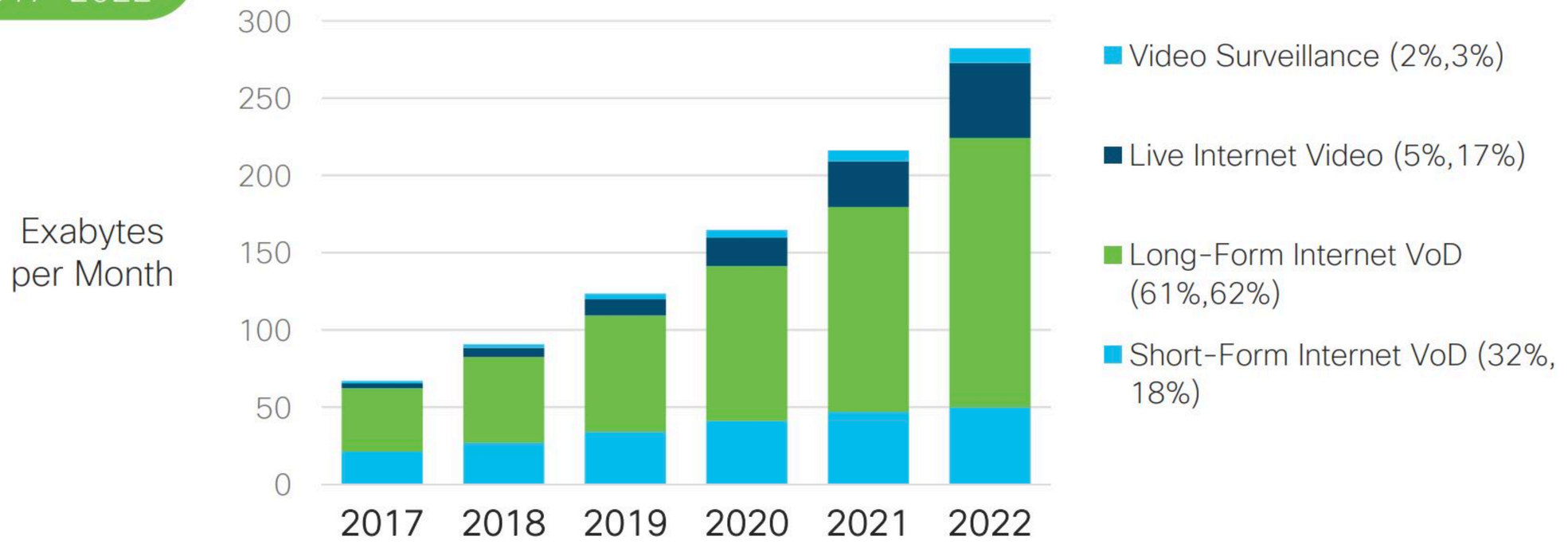
Source: Cisco VNI Global IP Traffic Forecast, 2017–2022

Basically, we're watching TV and movies…

Global Internet Video Traffic by Type

By 2022, live video will increase 15-fold and reach 17% of Internet video traffic

33% CAGR
2017-2022



* Figures (n) refer to 2017, 2022 traffic share

Source: Cisco VNI Global IP Traffic Forecast, 2017-2022

20 second video: 1920 x 1080, @ 30fps

After decode: 8-bits per channel RGB → 24 bits/pixel → 6.2 MB/frame

(6.2 MB/frame x 20 sec x 30 fps = 3.5 GB)

Size of data when each frames stored as JPG: 404 MB

Video file size when compressed using H.264: 26.6 MB (133-to-1 compression ratio compared to uncompressed, 8-to-1 compared to JPG)

H.264 Video Compression

H.264/AVC video compression

- AVC = advanced video coding
- Also called MPEG4 Part 10
- Common format in many modern HD video applications:
  - HD streaming video on internet
  - HD video recorded by your smart phone
  - European broadcast HDTV (U.S. broadcast HDTV uses MPEG 2)
  - Some satellite TV broadcasts (e.g., DirecTV)

Hardware implementations

- Support for H.264 video encode/decode is provided by fixed-function hardware on most modern processors

- Modern operating systems expose hardware encode decode support through hardware-accelerated APIs
  - e.g., DirectShow/DirectX (Windows), AVFoundation (iOS)

Terminology: video container format versus video codec

- Video container (MOV, AVI) bundles media assets

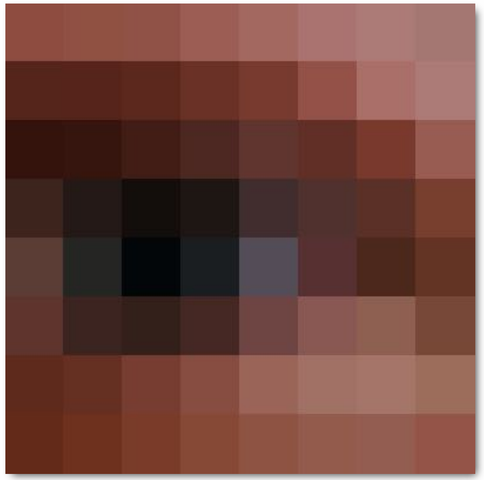
- Video codec: H.264/AVC (MPEG 4 Part 10)
  - H.264 standard defines how to represent and decode video
  - H.264 does not define how to encode video (this is left up to implementations)

Video compression: main ideas

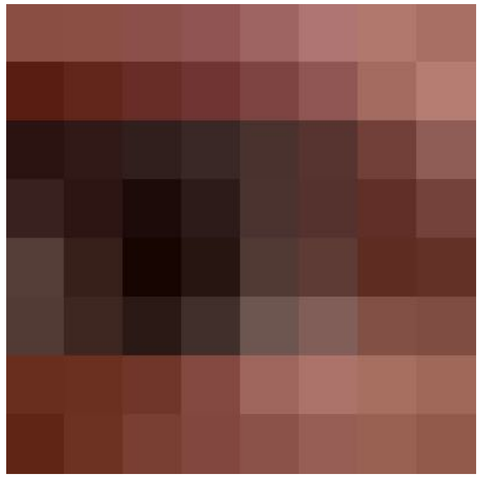
- Compression is about exploiting redundancy in a signal
  - Intra-frame redundancy: value of pixels in neighboring regions of a frame are good predictor of values for other pixels in the frame (spatial redundancy)
  - Inter-frame redundancy: pixels from nearby frames in time are a good predictor for the current frame's pixels (temporal redundancy)

Residual: difference between compressed image and original image

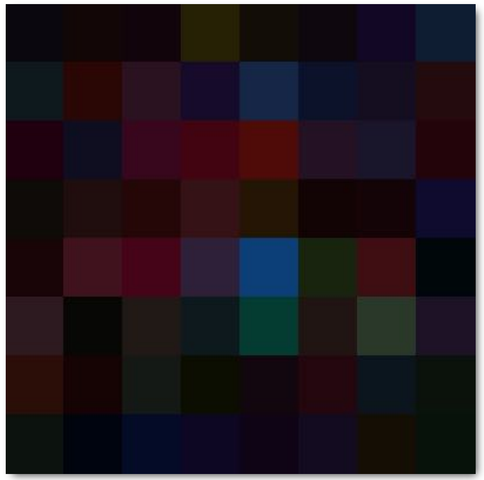
In video compression schemes, the residual image is compressed using lossy compression techniques. Better predictions lead to smaller and more compressible residuals!



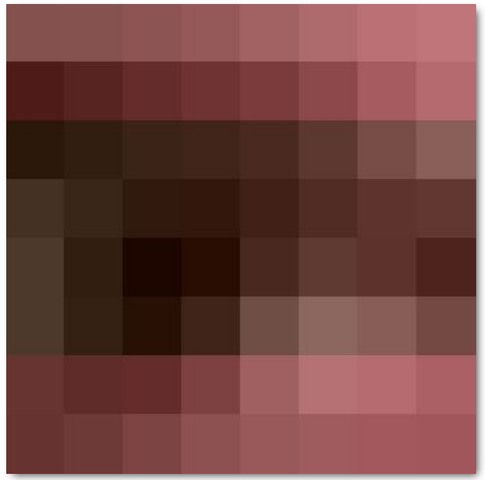
Original pixels



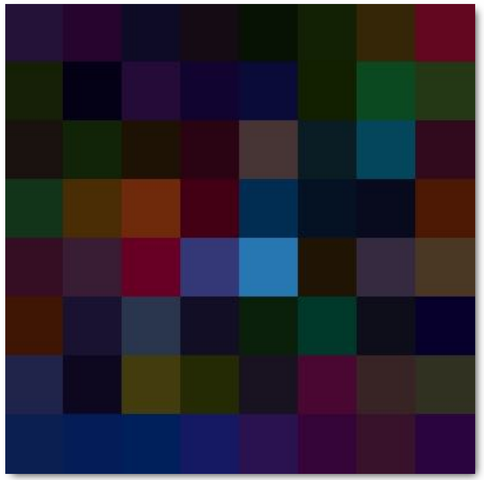
Compressed pixels
(JPEG quality level 6)



Residual
(amplified for visualization)

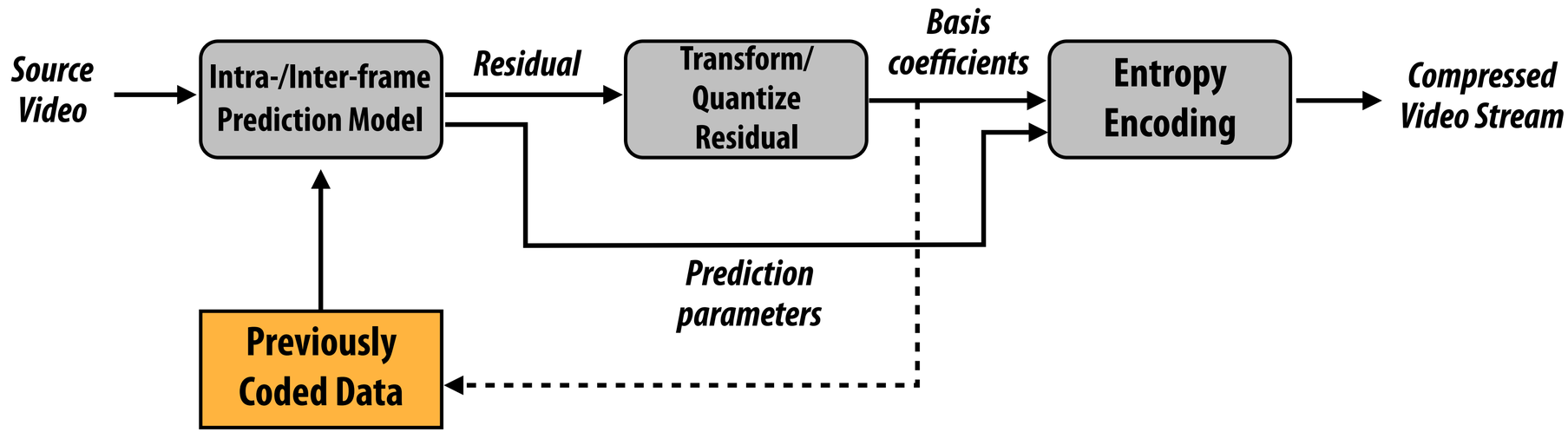


Compressed pixels
(JPEG quality level 2)



Residual
(amplified for visualization)

H.264/AVC video compression overview

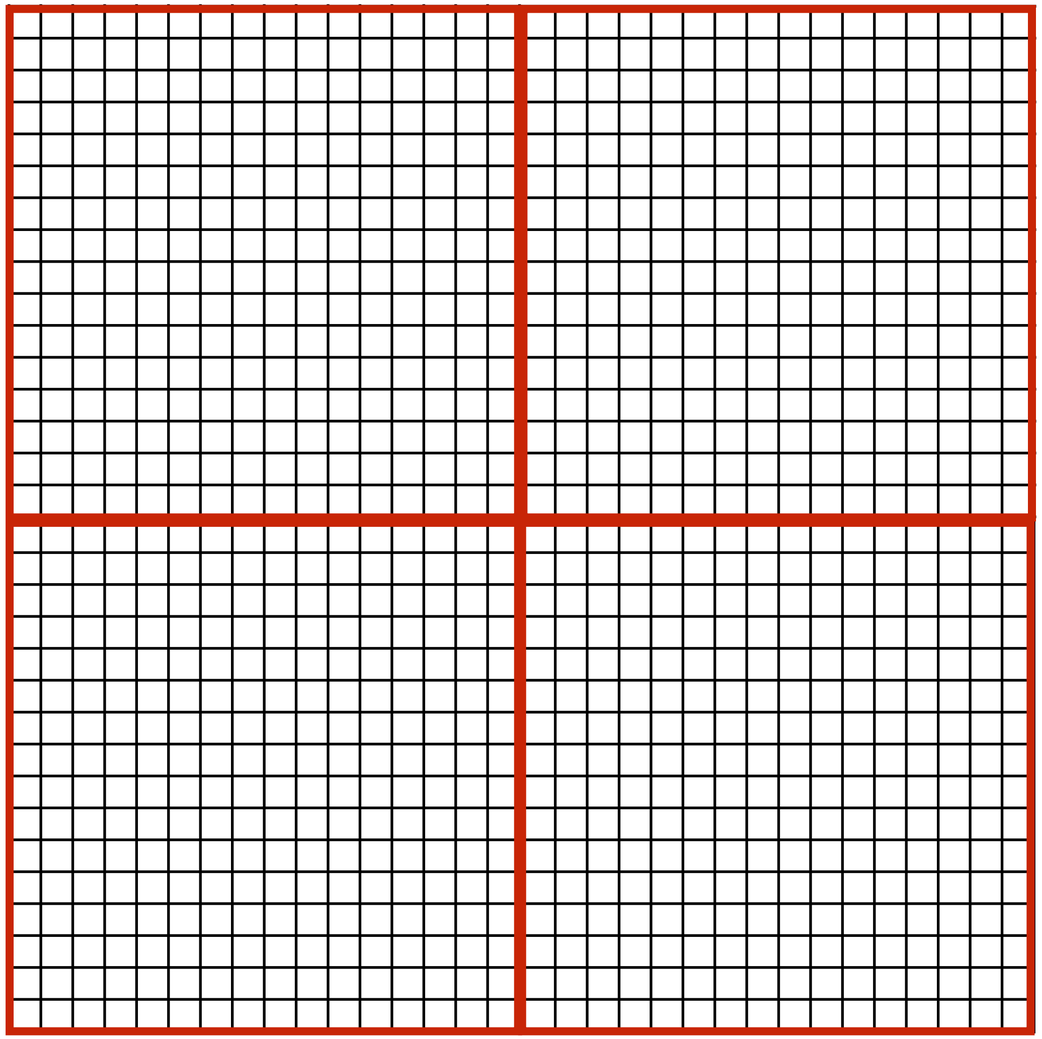


Residual: difference between predicted pixel values and input video pixel values

In other words: The main idea today: use an algorithm to predict what a future pixel should be, then store a description of the algorithm and the residual of the prediction.

Credit: Figure derived from H.264 Advanced Video Compression Standard, I. Richardson, 2010

16 x 16 macroblocks



Video frame is partitioned into 16 x 16 pixel macroblocks

Due to 4:2:0 chroma subsampling, macroblocks correspond to 16 x 16 luma samples and 8 x 8 chroma samples

Macroblocks in an image are organized into slices

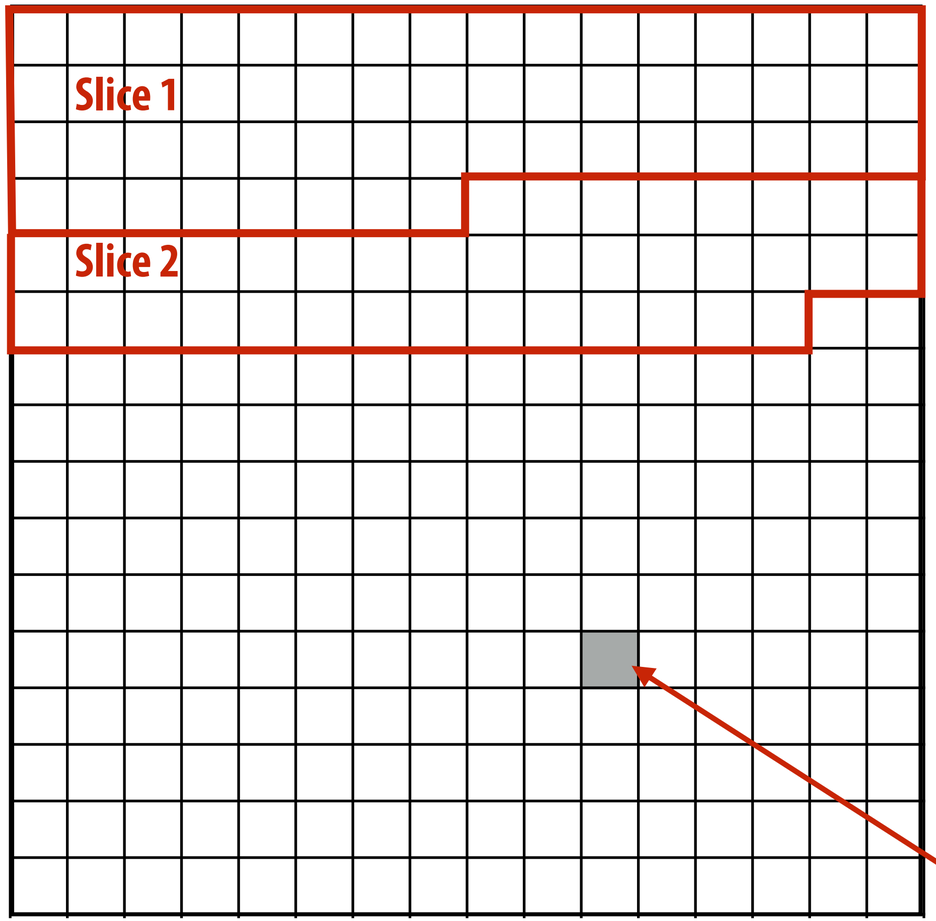


Figure to left shows the macroblocks in a frame (boxes are macroblocks not pixels)

Macroblocks are grouped into "slices"

Can think of a slice as a sequence of macroblocks in raster scan order *

Slices can be decoded independently **

(Facilitates parallel decode + robustness to transmission failure)

* H.264 also has non-raster-scan order modes (FMO), will not discuss today.

** Final "deblocking" pass is often applied to post-decode pixel data, so technically slices are not fully independent.

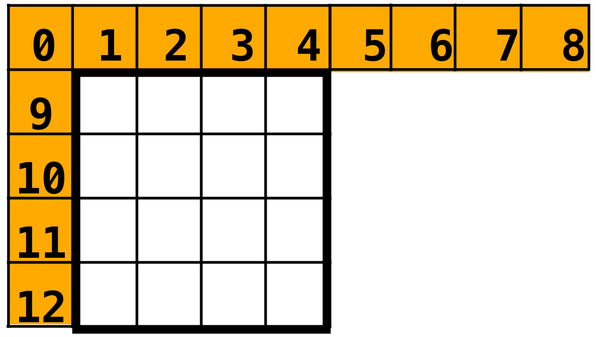
Decoding via prediction + correction

- **During decode, samples in a macroblock are generated by:**
  1. **Making a prediction based on already decoded samples in macroblocks from the same frame (intra-frame prediction) or from other frames (inter-frame prediction)**
  2. **Correcting the prediction with a residual stored in the video stream**

- **Three forms of prediction:**
  - **I-macroblock: ("intra-picture predictive only") macroblock samples predicted from samples in previous macroblocks in the same slice of the current frame**
  - **P-macroblock: ("predictive") macroblock pixel samples can be predicted from samples from one other frame (one prediction per macroblock)**
  - **B-macroblock: ("bipredictive") macroblock pixel samples can be predicted by a weighted combination of multiple predictions from samples from other frames**

Intra-frame prediction (I-macroblock)

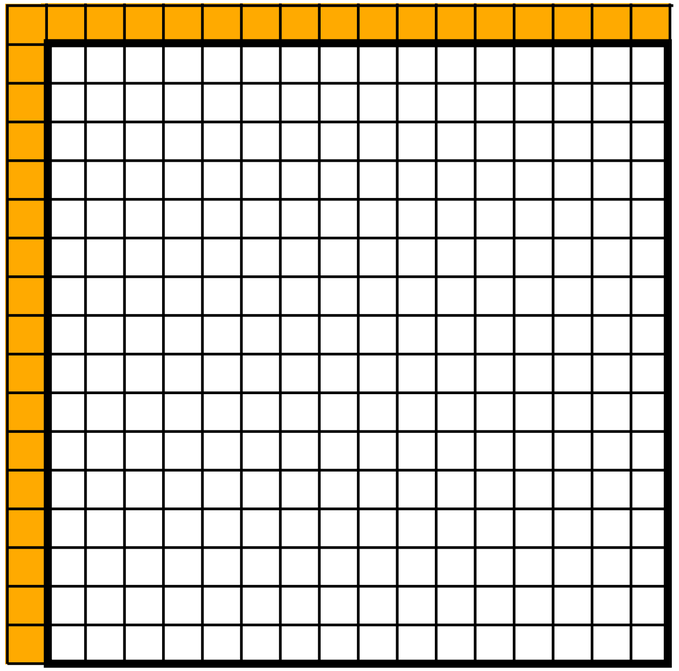
- Prediction of sample values is performed in spatial domain, not transform domain
  - Predict pixel values, not basis coefficients
- Modes for predicting the 16x16 luma (Y) values: *
  - Intra_4x4 mode: predict 4x4 block of samples from adjacent row/col of pixels
  - Intra_16x16 mode: predict entire 16x16 block of pixels from adjacent row/col
  - I_PCM: actual sample values provided



Intra_4X4

Yellow pixels: already reconstructed (values known)

White pixels: 4x4 block to be reconstructed

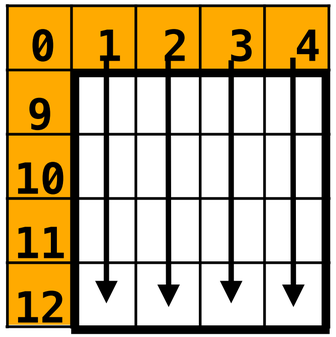


Intra_16x16

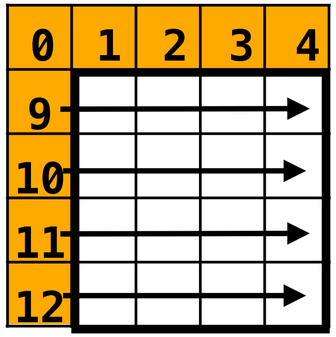
* An additional 8x8 mode exists in the H.264 High Profile

Intra_4x4 prediction modes

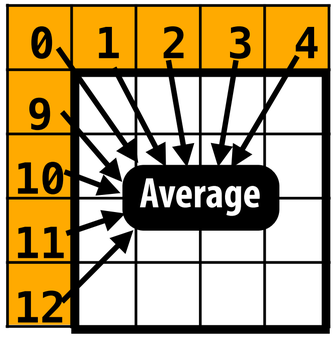
- Nine prediction modes (6 shown below)
  - Other modes: horiz-down, vertical-left, horiz-up



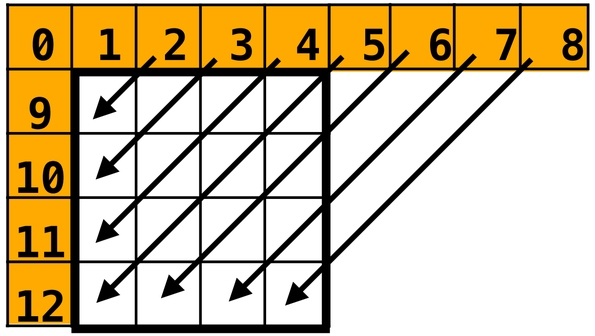
Mode 0: vertical
(4x4 block is copy of above row of pixels)



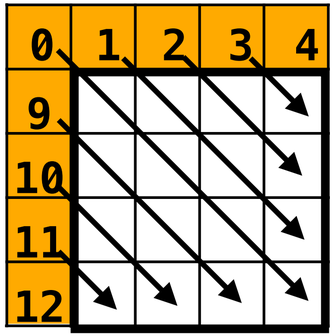
Mode 1: horizontal
(4x4 block is copy of left col of pixels)



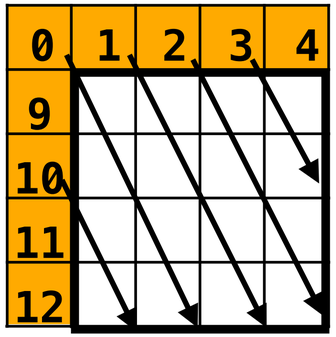
Mode 2: DC
(4x4 block is average of above row and left col of pixels)



Mode 3: diagonal down-left (45°)

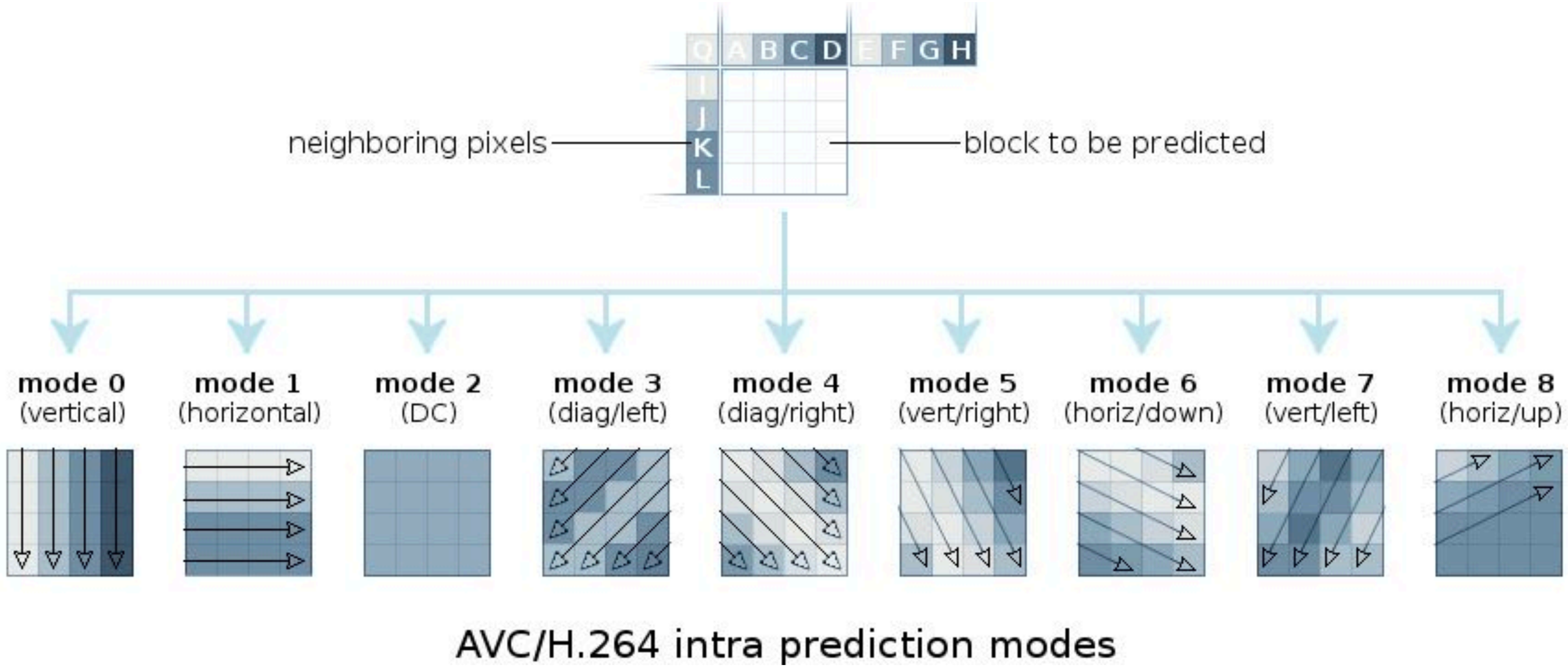


Mode 4: diagonal down-right (45°)



Mode 5: vertical-right (26.6°)

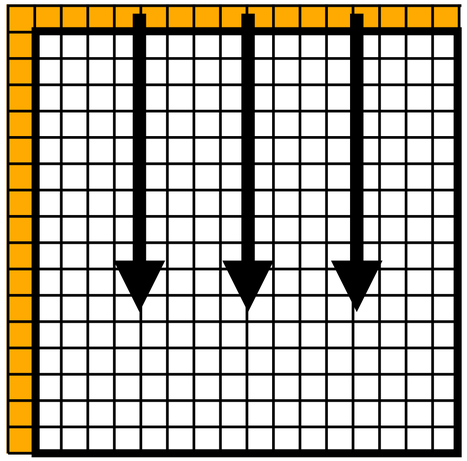
Intra_4x4 prediction modes (another look)



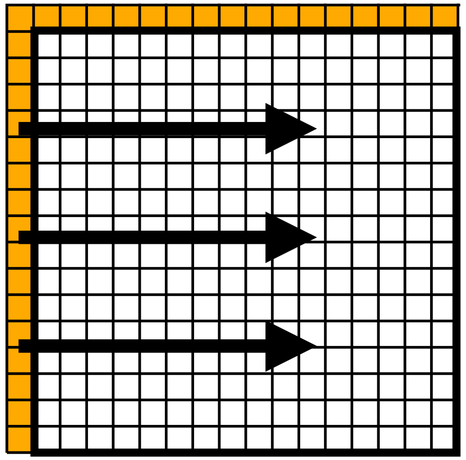
https://hacks.mozilla.org/2018/06/av1-next-generation-video-the-constrained-directional-enhancement-filter/

Intra_16x16 prediction modes

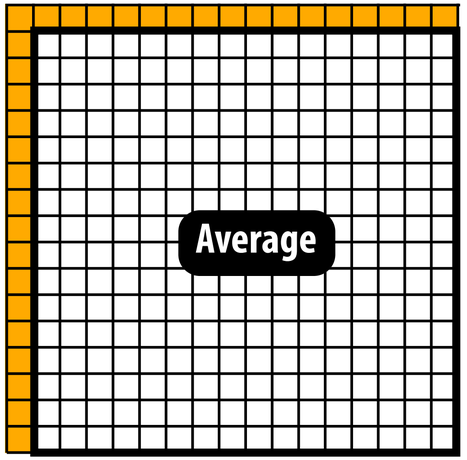
4 prediction modes: vertical, horizontal, DC, plane



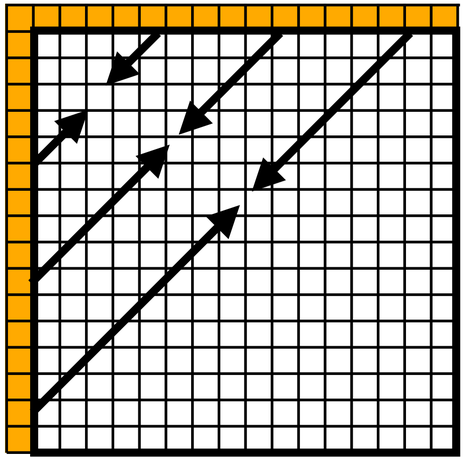
Mode 0: vertical



Mode 1: horizontal



Mode 2: DC



Mode 4: plane

$P[i,j] = Ai * Bj + C$

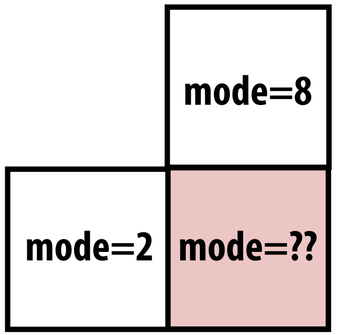
A derived from top row, B derived from left col, C from both

Further details

- Intra-prediction of chroma (8x8 block) is performed using four modes similar to those of intra_16x16 (except they are reordered as: DC, vertical, horizontal, plane)

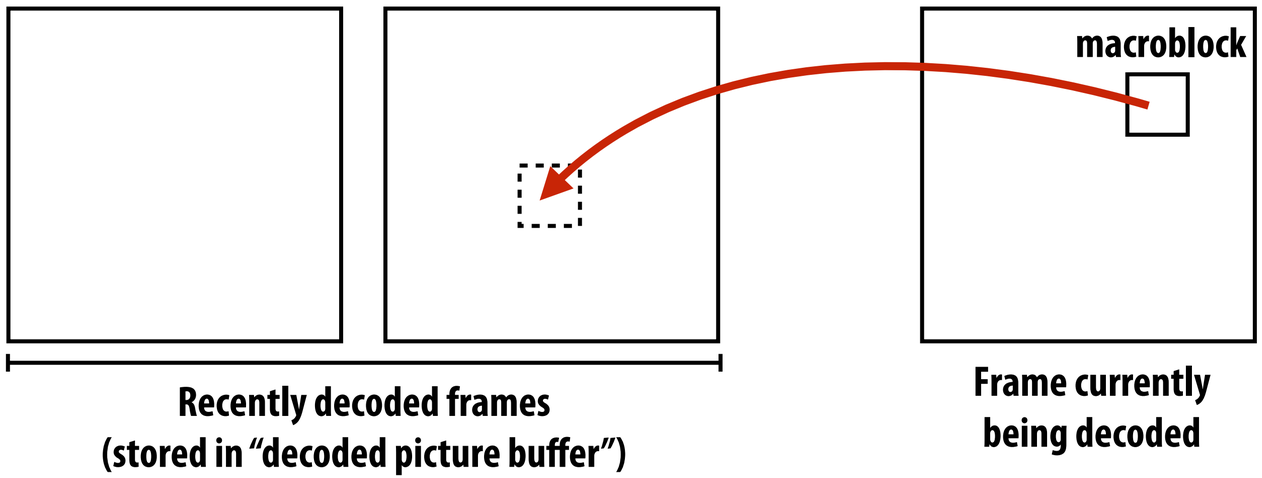
Each mode is a different prediction algorithm, so we have to store which algorithm we chose in the video stream in order to decode it.

- Intra-prediction scheme for each 4x4 block within macroblock encoded as follows:
  - One bit per 4x4 block:
    - if 1, use most probable mode
      - Most probable = lower of modes used for 4x4 block to left or above current block
    - if 0, use additional 3-bit value `rem_intra4x4_pred_mode` to encode one of nine modes
      - if `intra4x4_pred_mode` is smaller than most probable mode, then actual mode is given by `intra4x4_pred_mode`
      - else, actual mode is `intra4x4_pred_mode + 1`



Inter-frame prediction (P-macroblock)

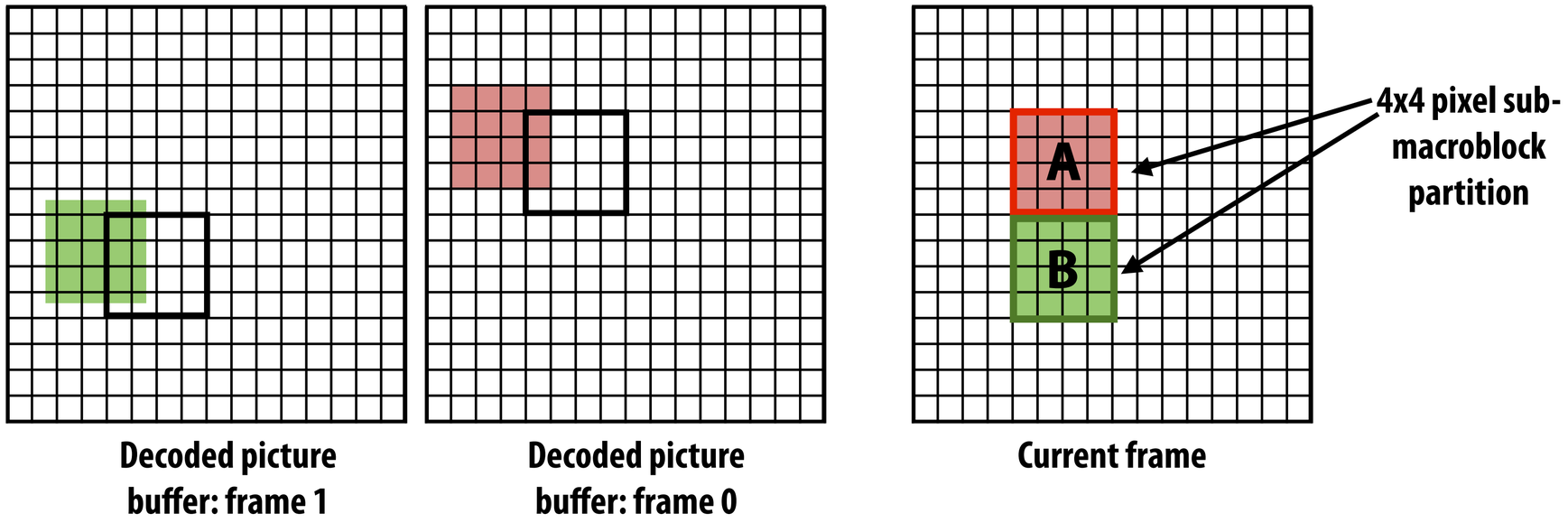
- Predict sample values using values from a block of a previously decoded frame *
- Basic idea: pixels in current frame are given by some translation of pixels from temporally nearby frames (e.g., consider an object that moved slightly on screen between frames)
  - "Motion compensation": use of spatial displacement to make prediction about pixel values



* Note: "previously decoded" does not imply source frame must come before current frame in the video sequence. (H.264 supports decoding out of order.)

P-macroblock prediction

- Prediction can be performed at macroblock or sub-macroblock granularity
  - Macroblock can be divided into 16x16, 8x16, 16x8, 8x8 "partitions"
  - 8x8 partitions can be further subdivided into 4x8, 8x4, 4x4 sub-macroblock partitions
- Each partition predicted by sample values defined by:
  (reference frame id, motion vector)



Block A: predicted from (frame 0, motion-vector = [-3, -1])

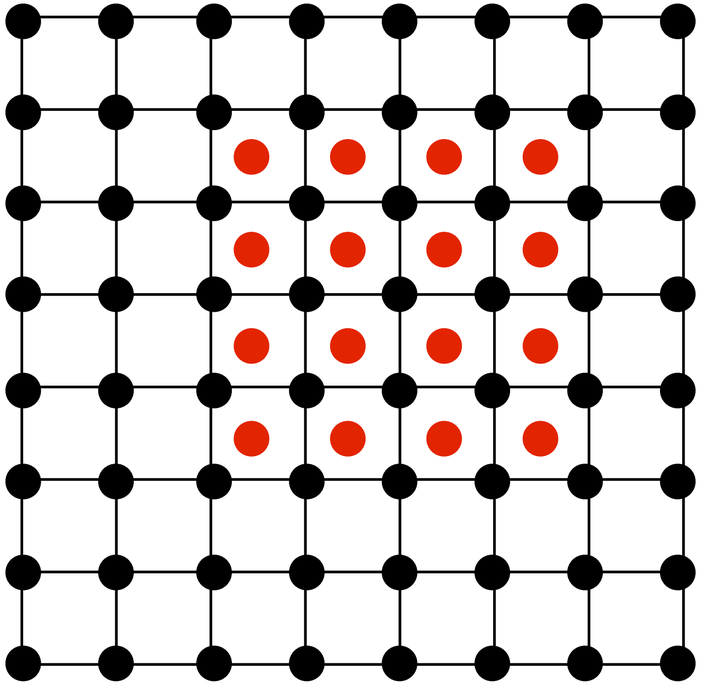
Block B: predicted from (frame 1, motion-vector = [-2.5, -0.5])

Note: non-integer motion vector

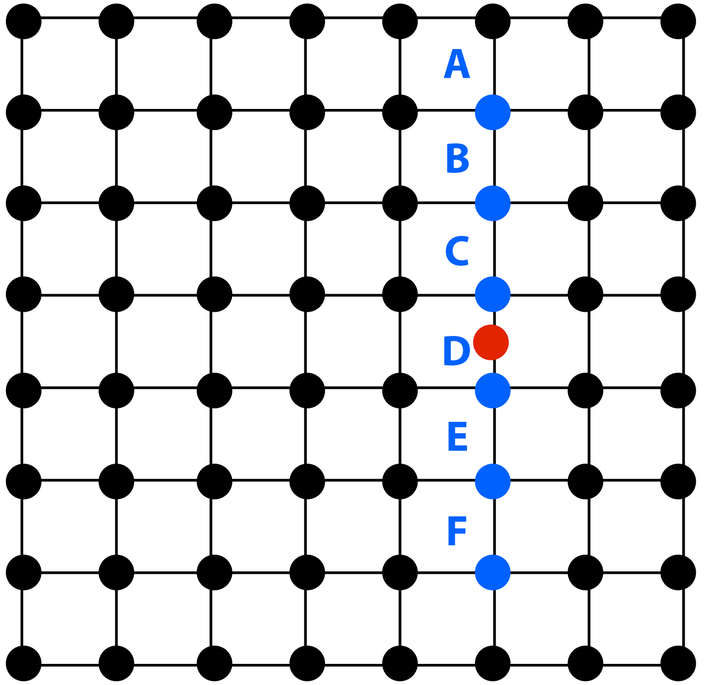
Motion vector visualization

Image credit: Keyi Zhang

Non-integer motion vectors require resampling



Example: motion vector with 1/2 pixel values.
Must resample reference block at positions given by red dots.



Interpolation to 1/2 pixel sample points via 6-tap filter:
half_integer_value = clamp((A - 5B + 20C + 20D - 5E + F) / 32)

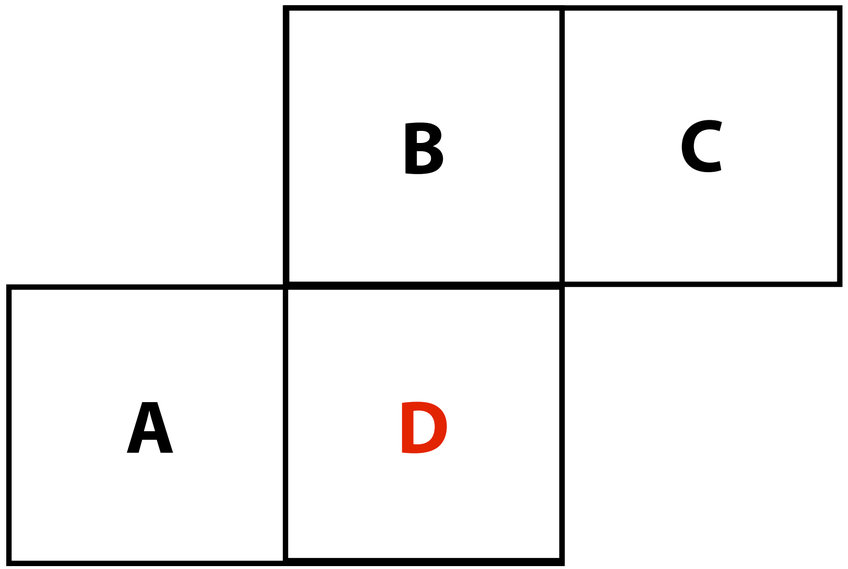
H.264 supports both 1/2 pixel and 1/4 pixel resolution motion vectors

1/4 resolution resampling performed by bilinear interpolation of 1/2 pixel samples

1/8 resolution (chroma only) by bilinear interpolation of 1/4 pixel samples

Motion vector prediction

- Problem: per-partition motion vectors require significant amount of storage
- Solution: predict motion vectors from neighboring partitions and encode residual in compressed video stream
  - Example below: predict block D's motion vector as average of motion vectors from block A, B, C
  - Prediction logic becomes more complex when partitions of neighboring blocks are of different size



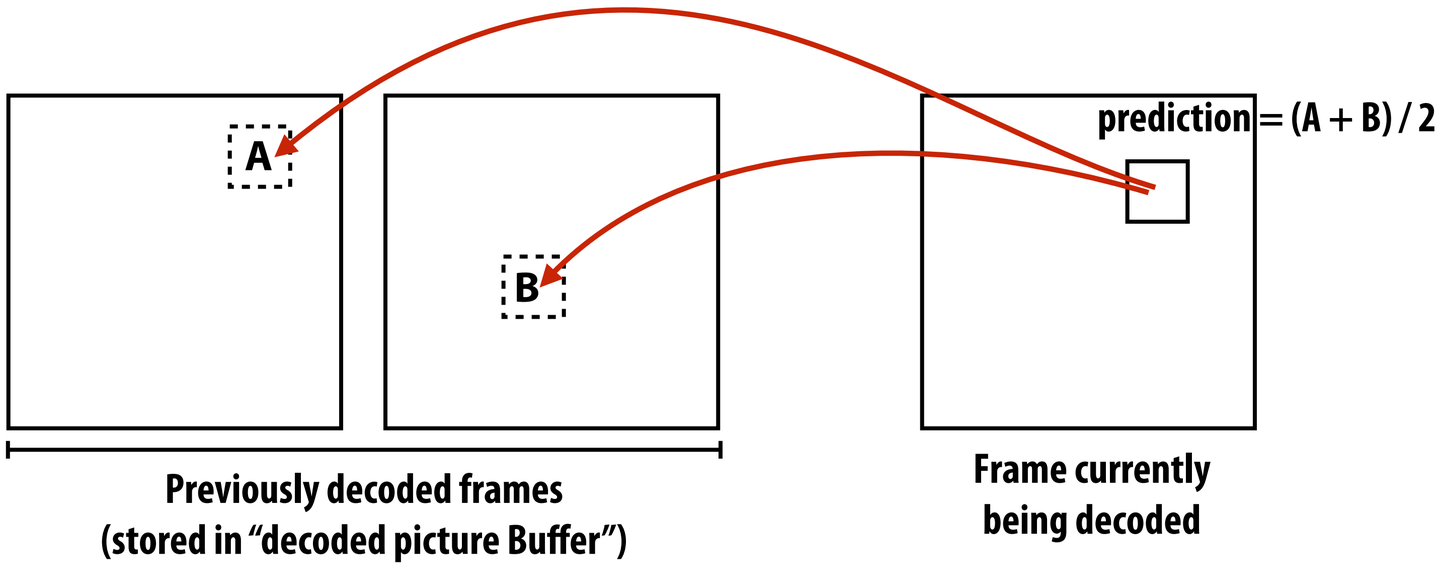
Question: what partition size is best?

- Smaller partitions likely yield more accurate prediction
  - Fewer bits needed for residuals

- Smaller partitions require more bits to store partition information (diminish benefits of prediction)
  - Must store:
    - Source picture id
    - Motion vectors (note that motion vectors are more “coherent” in adjacent blocks with finer sampling, so they likely compress well)

Inter-frame prediction (B-macroblock)

- Each partition predicted by up to two source blocks
  - Prediction is the average of the two reference blocks
  - Each B-macroblock partition stores two frame references and two motion vectors (recall P-macroblock partitions only stored one)

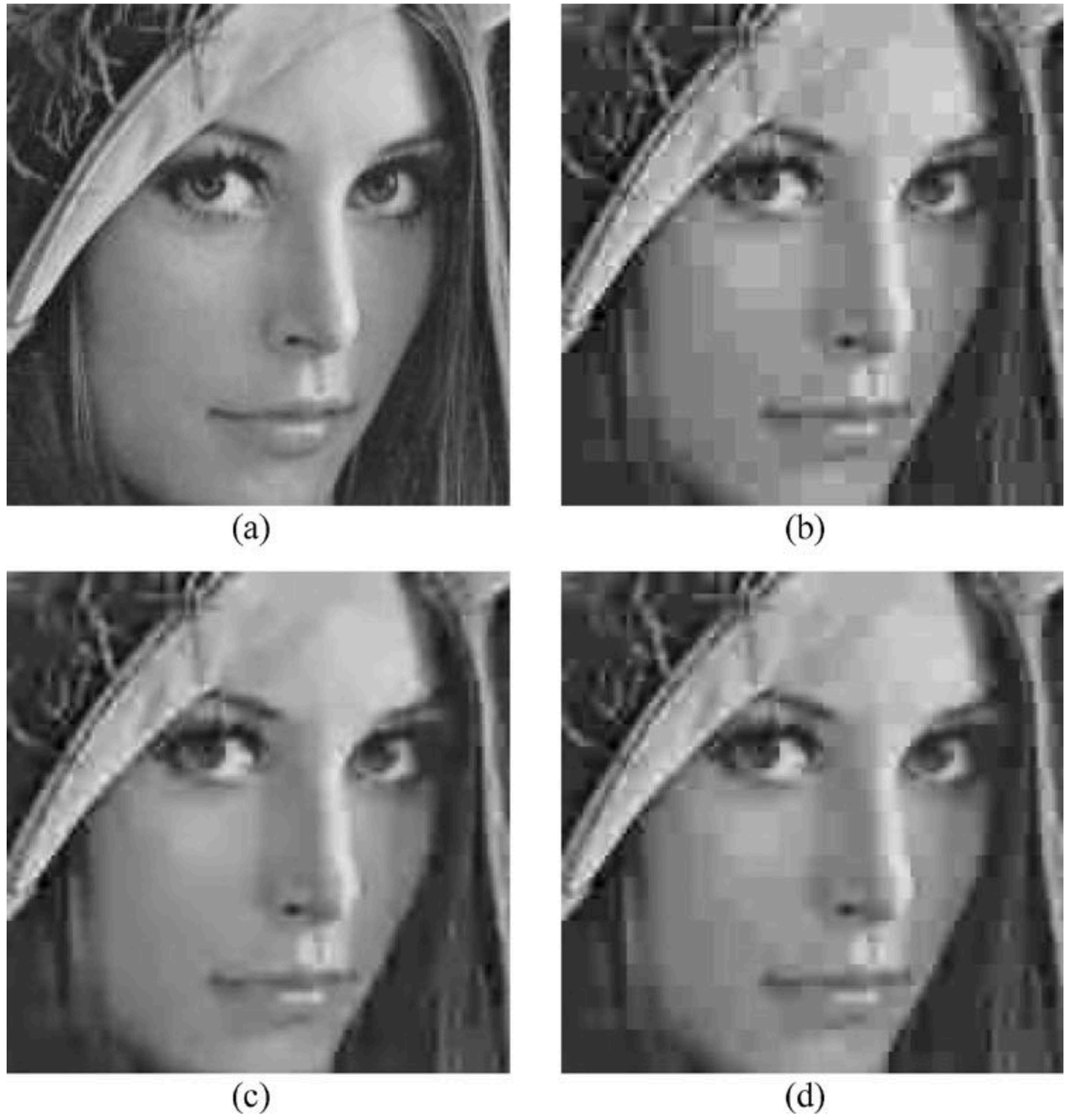


Additional prediction details

- **Optional weighting to prediction:**
  - Per-slice explicit weighting (reference samples multiplied by weight)
  - Per-B-slice implicit weights (reference samples weights by temporal distance of reference frame from current frame in video)
    - Idea: weight samples from reference frames nearby in time more

Post-process filtering

- **Deblocking**
  - Blocking artifacts may result as a result of macroblock granularity encoding
  - After macroblock decoding is complete, optionally perform smoothing filter across block edges.



[Image credit: Averbuch et al. 2005]

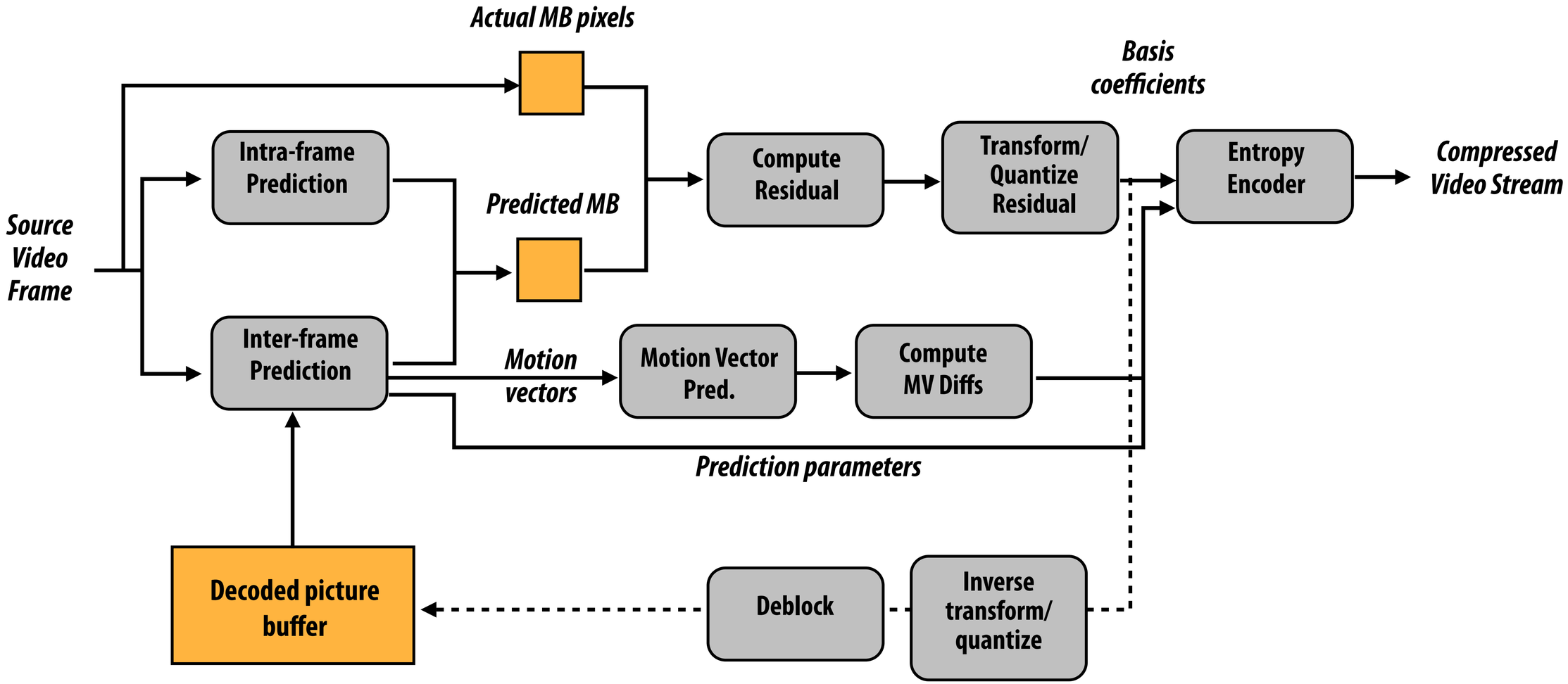
Putting it all together: encoding an inter-predicted macroblock

- Inputs:
  - Current state of decoded picture buffer (state of the video decoder)
  - 16x16 block of input video that the encoder needs to encode
- General steps: (need not be performed in this order)
  - Resample images in decoded picture buffer to obtain 1/2, and 1/4, 1/8 pixel resampling
  - Choose prediction type (P-type or B-type)
  - Choose reference pictures for prediction
  - Choose motion vectors for each partition (or sub-partition) of macroblock
  - Predict motion vectors and compute motion vector difference
  - Encode choice of prediction type, reference pictures, and motion vector differences
  - Encode residual for macroblock prediction
  - Store reconstructed macroblock (post deblocking) in decoded picture buffer to use as reference picture for future macroblocks

Coupled decisions

H.264/AVC video encoding

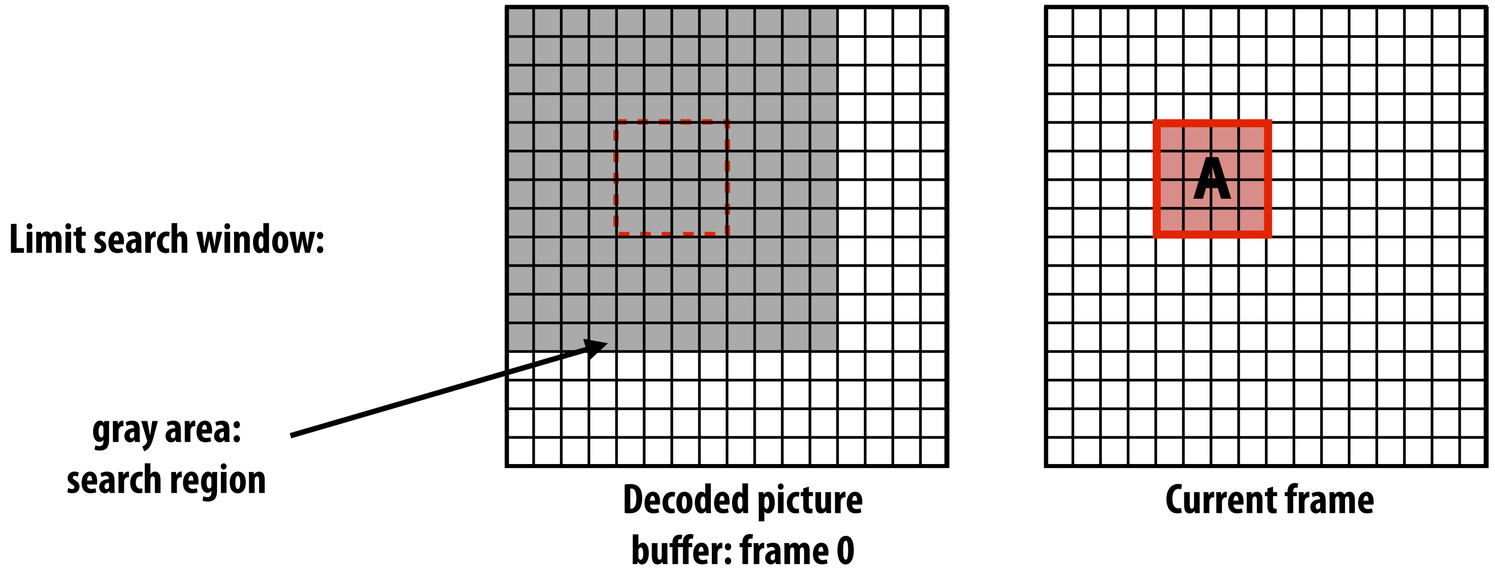
MB = macroblock
MV = motion vector



Credit: Figure derived from H.264 Advanced Video Compression Standard, I. Richardson, 2010

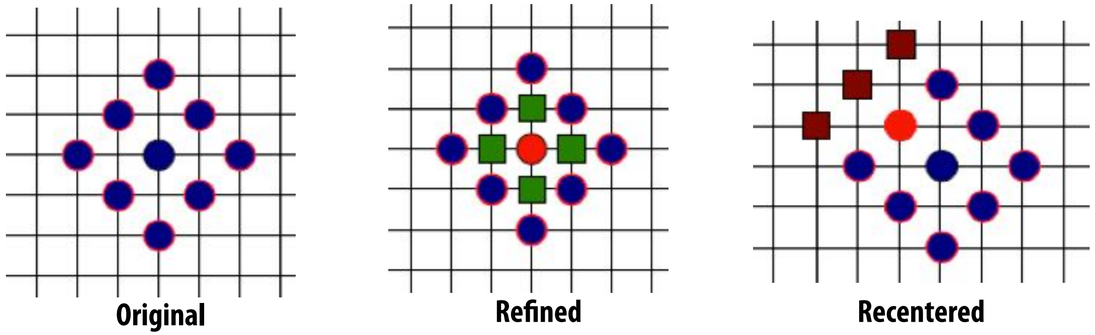
Motion estimation algorithms

- Encoder must find reference block that predicts current frame's pixels well.
  - Can search over multiple pictures in decoded picture buffer + motion vectors can be non-integer (huge search space)
  - Must also choose block size (macroblock partition size)
  - And whether to predict using combination of two blocks
  - Literature is full of heuristics to accelerate this process
    - Remember, must execute motion estimation in real-time for HD video (1920x1080) on a low-power smartphone



Motion estimation algorithm optimizations

- Coarser search:
  - Limit search window to small region
  - First compute block differences at coarse scale (save partial sums from previous searches)
- Smarter search:
  - Guess motion vectors similar to motion vectors used for neighboring blocks
  - Diamond search: start by test large diamond pattern centered around block
    - If best match is interior, refine to finer scale
    - Else, recenter around best match



- Early termination: don't find optimal reference patch, just find one that's "good enough": e.g., compressed representation is lower than threshold
  - Test zero-motion vector first (optimize for non-moving background)
- Optimizations for subpixel motion vectors:
  - Refinement: find best reference block given only pixel offsets, then try 1/2, 1/4-subpixel offsets around this match

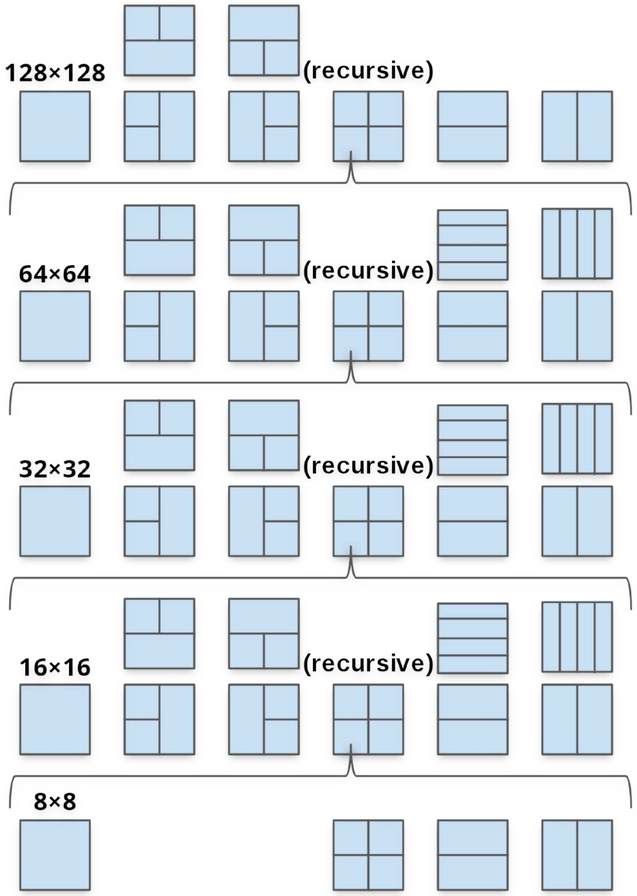
H.265 (HVEC)

- Standard ratified in 2013
- Goal: ~2x better compression than H.264
- Main ideas: (more options, but similar in spirit to what we've discussed so far)
  - Macroblock sizes up to 64x64
  - Prediction block size and residual block sizes can be different
  - 35 intra-frame prediction modes (recall H.264 had 9)
  - …

AV1

Main appeal may not be technical: royalty free codec, but many new options for encoders

AV1 Superblock Partitionings



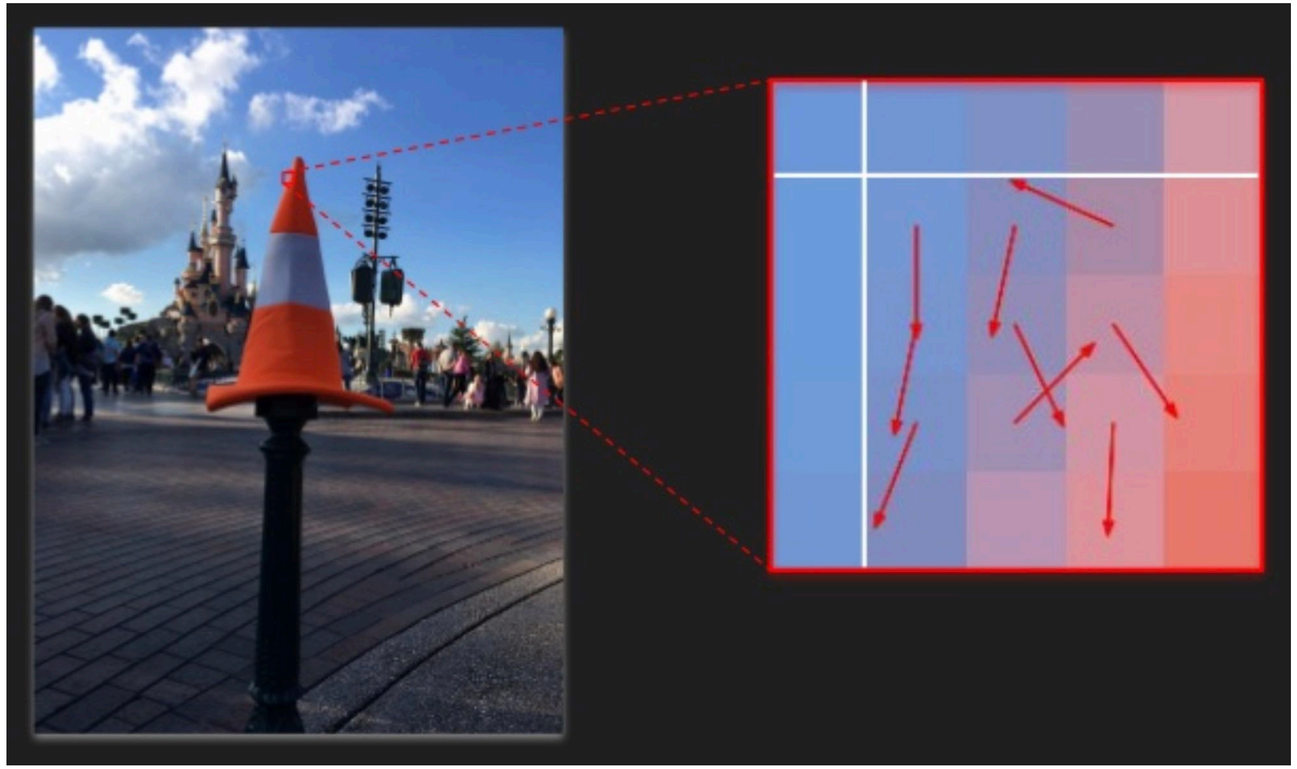
56 angles for intraframe block prediction!
(recall H.264 had nine!)

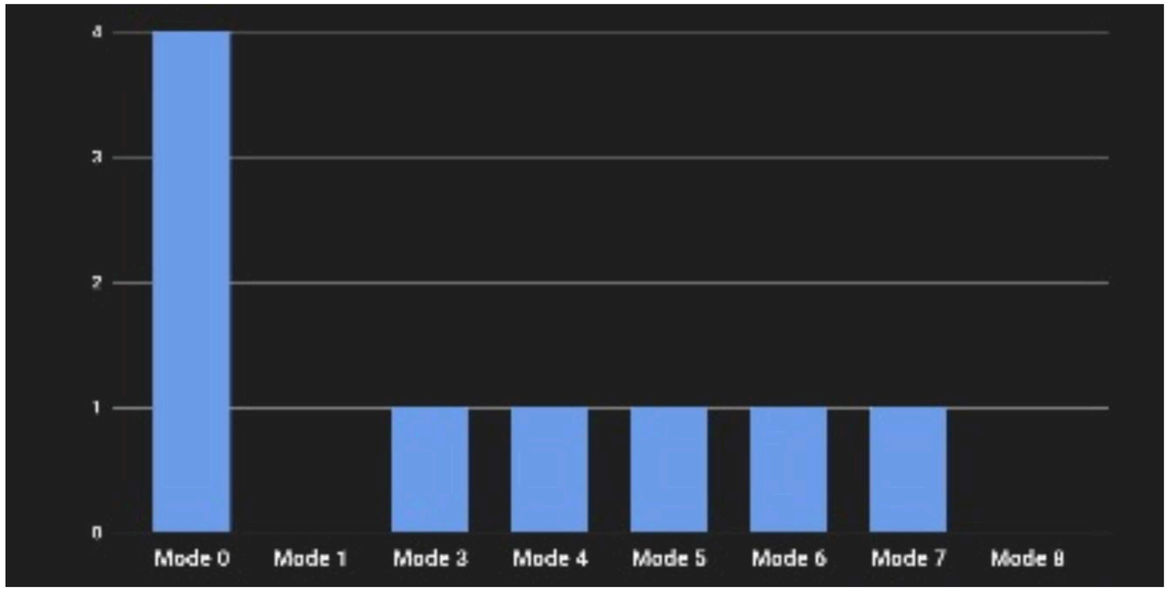
Global transforms to geometrically warp previous frames to new frames

Prediction of chroma channels from luma

Synthetic generation of film-grain texture so that high-frequency film grain does not need to be compressed…

Example: searching for best intra angles





Compute image gradients in block

Bin gradients to find most likely to be useful angles.

Only try the most likely angles.

https://www.slideshare.net/luctrudeau/i-dont-care-if-you-have-360-intra-directional-predictors

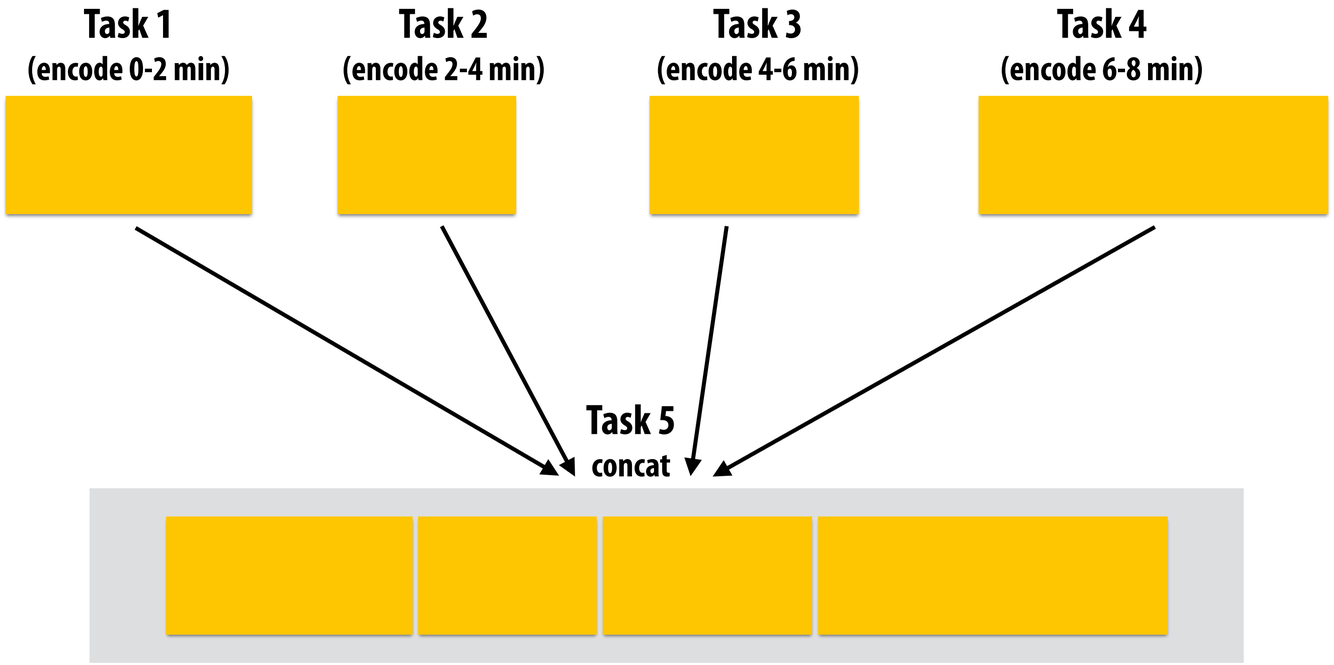
High cost of software encoders

- **Statistic from Google:** [Ranganathan 2021]
  - About 8-10 CPU minutes to compress 150 frames of 2160p H.264 video (4K video)
  - About 1 CPU hour for more expensive VP9 codec

Coarse-grained parallel video encoding

- Parallelized across segments (I-frame inserted at start of segment)
- Concatenate independently encoded bitstreams

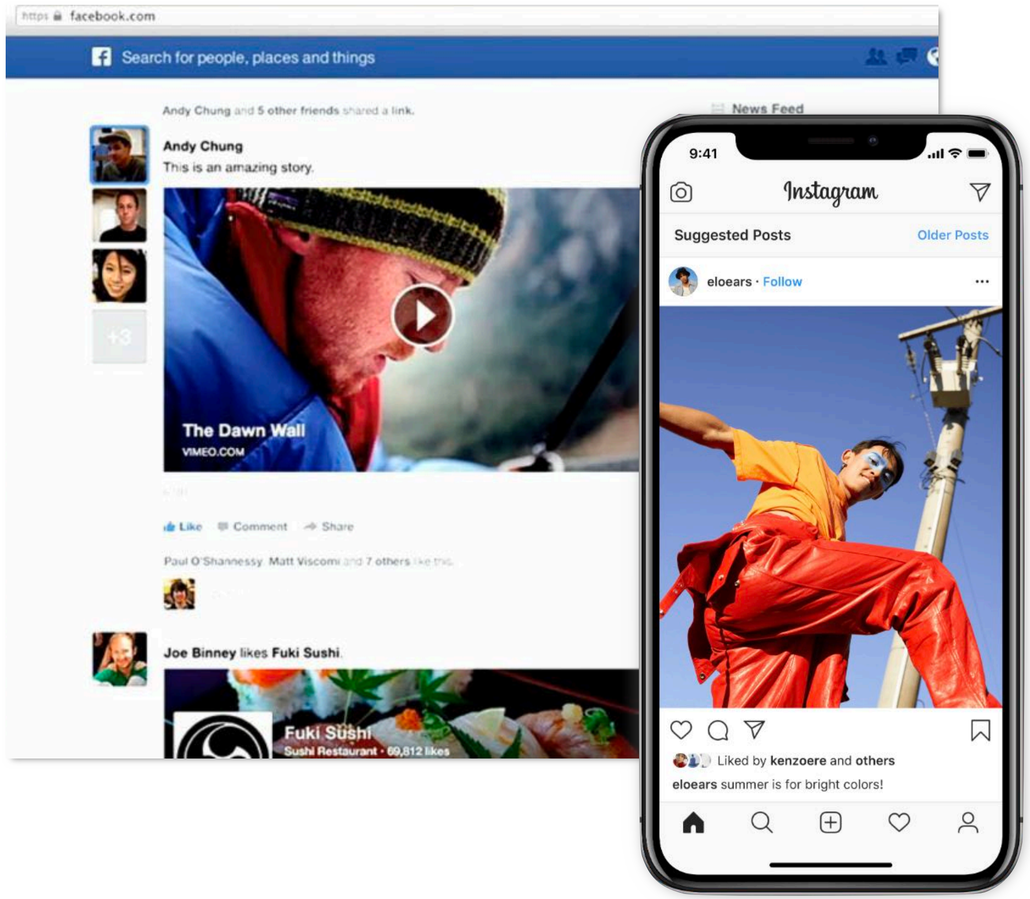
Example: encoding an eight minute video



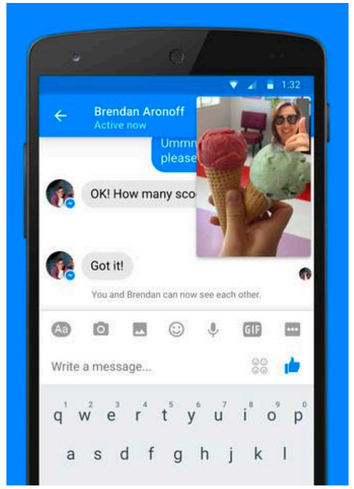
Smaller segments = more potential parallelism, worse video compression

Three types of encoding from Meta

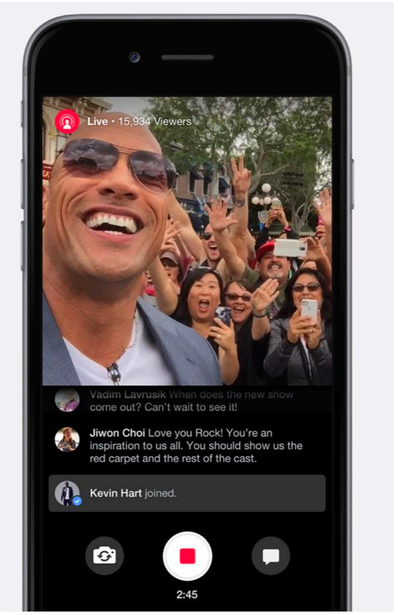
Facebook / Instagram Posts

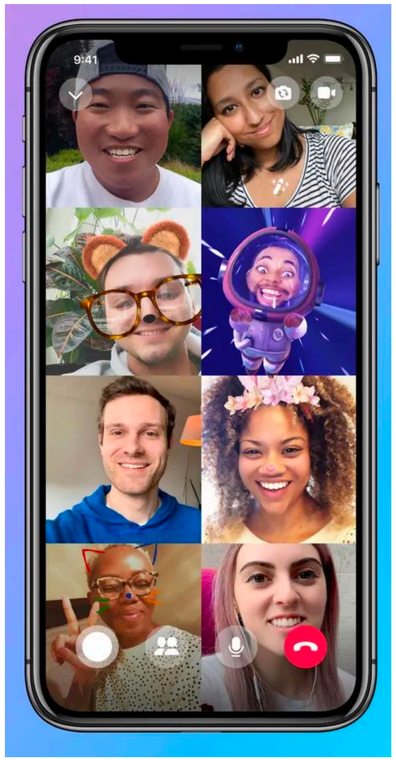


Messenger



Facebook Live / Messenger Live Video

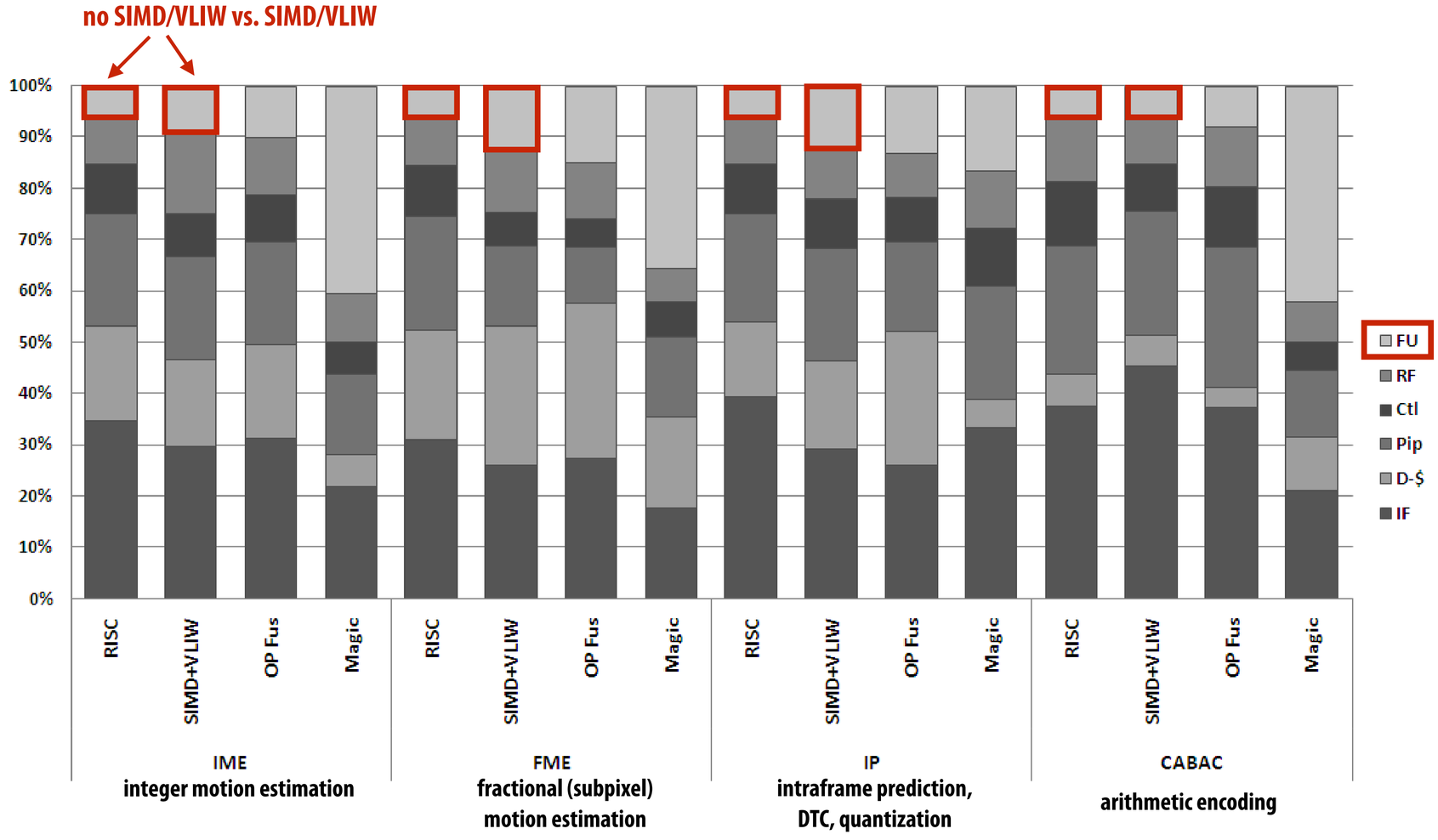




Consider different tradeoffs: compression quality vs. latency in each of these cases

Fraction of energy consumed by different parts of instruction pipeline (H.264 video encoding)

[Hameed et al. ISCA 2010]



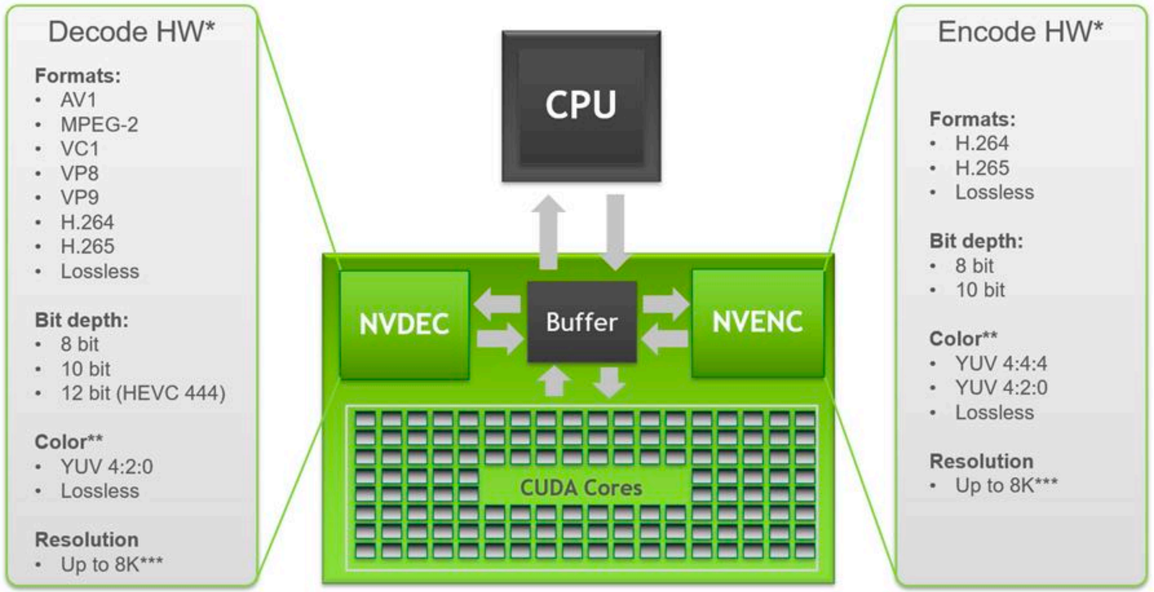
56% of total time	36% of total time	7% of total time	1% of total time (of baseline CPU imp)

FU = functional units
RF = register fetch
Ctrl = misc pipeline control
Pip = pipeline registers (interstage)
D-$ = data cache
IF = instruction fetch + instruction cache

ASIC acceleration of video encode/decode

NVIDIA GPUs have video encode/decode ASICs

- Example: GeForce NOW game streaming service
- Rendered images compressed by GPU and directly streamed over network to remote player



- Another example: consumers at home streaming to Twitch
  - Do not want compression to take processing capability away from running the game itself.

Why do you think Google's video sharing services (Youtube, Google photos, etc.) are willing to pay a high compute cost for compression?

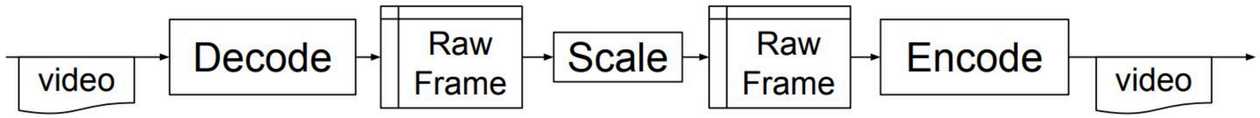
- **Reminder: statistic from Google:** [Ranganathan 2021]
  - About 8-10 CPU minutes to compress 150 frames of 2160p H.264 video (4K video)
  - About 1 CPU hour for more expensive VP9 codec

Video Usage Patterns at Scale: As with other internet media content [25], video popularity follows a stretched power law distribution, with three broad buckets. The first bucket – the *very popular* videos that make up the majority of watch time – represents a small fraction of transcoding and storage costs, worth spending extra processing time to reduce bandwidth to the user. The second bucket includes *modestly watched* videos which are served enough times to motivate a moderate amount of resources. And finally, the third bucket includes the *long tail*, the majority of videos that are watched infrequently enough that it makes sense to minimize storage and transcoding costs while maintaining playability. Note that old videos can increase in popularity and may need to be reprocessed with a higher popularity treatment well after upload.

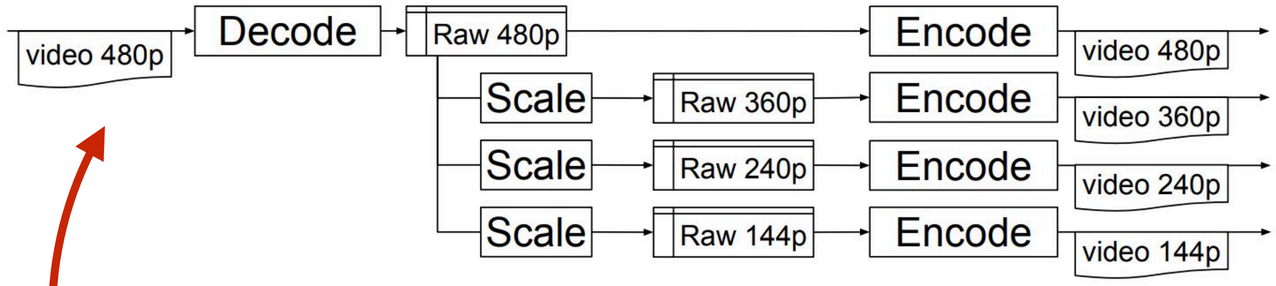
When you upload a video it gets processed into many different output videos for serving

- **Different resolutions:**
  - **For different viewing device types**
  - **For different network conditions**

- **Different formats:**
  - **Different devices might have video decode hardware that supports different formats (older devices might only support H.264, newer devices H.265, AV1 etc)**



(a) Single-output transcoding (SOT) pipeline



(b) 480p multiple-output transcoding (MOT) pipeline

Note: it makes sense to amortize data loading (from storage) and data decoding costs over many output resolutions/formats

Google's Video (Trans)coding Unit (VCU)

- ASIC hardware for decoding/encoding video in Google datacenter for Youtube/Youtube Live/etc.
- Consider load:
  - 500 hours of video uploaded to Youtube per minute (2019)
  - Must generate encoded versions assets at many resolutions and using different codecs to support streaming to consumers with many different devices and networks

System	Throughput [Mpix/s]		Perf/TCO[8]	
	H.264	VP9	H.264	VP9
Skylake	714	154	1.0x	1.0x
4xNvidia T4	2,484	—	1.5x	—
8xVCU	5,973	6,122	4.4x	20.8x
20xVCU	14,932	15,306	7.0x	33.3x

[Ranganathan 2021]

Machine Learned Compression Schemes

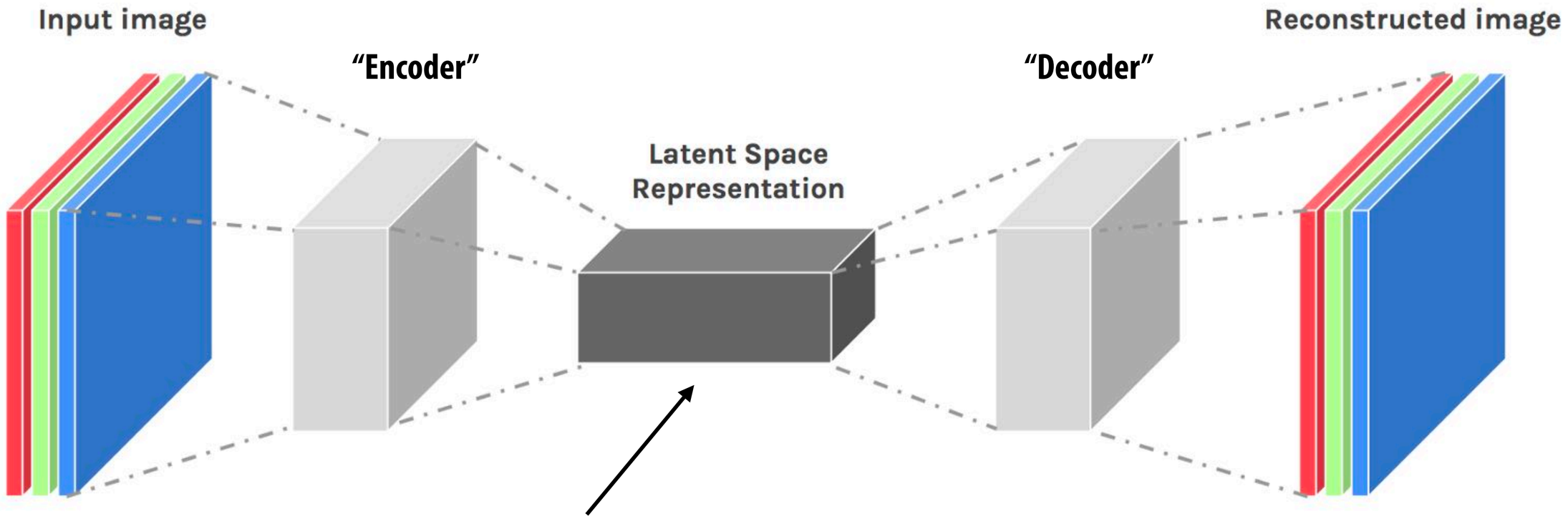
Learned compression schemes

- H.264/265/AV1 video compression are "lossy" compression techniques that discard information is that is present in the visual signal, but less likely to be noticed by the human eye
  - Key principle: "Lossy, but still looks good enough to humans!"

- Compression schemes described in this lecture so far involve manual choice / engineering of good representations (features)

- But machine learning is all about learning good representations from data.
  - Interest in learning highly compressed representations for a specific class of images/videos, or for a *specific task* to perform on images/videos

DNN autoencoder

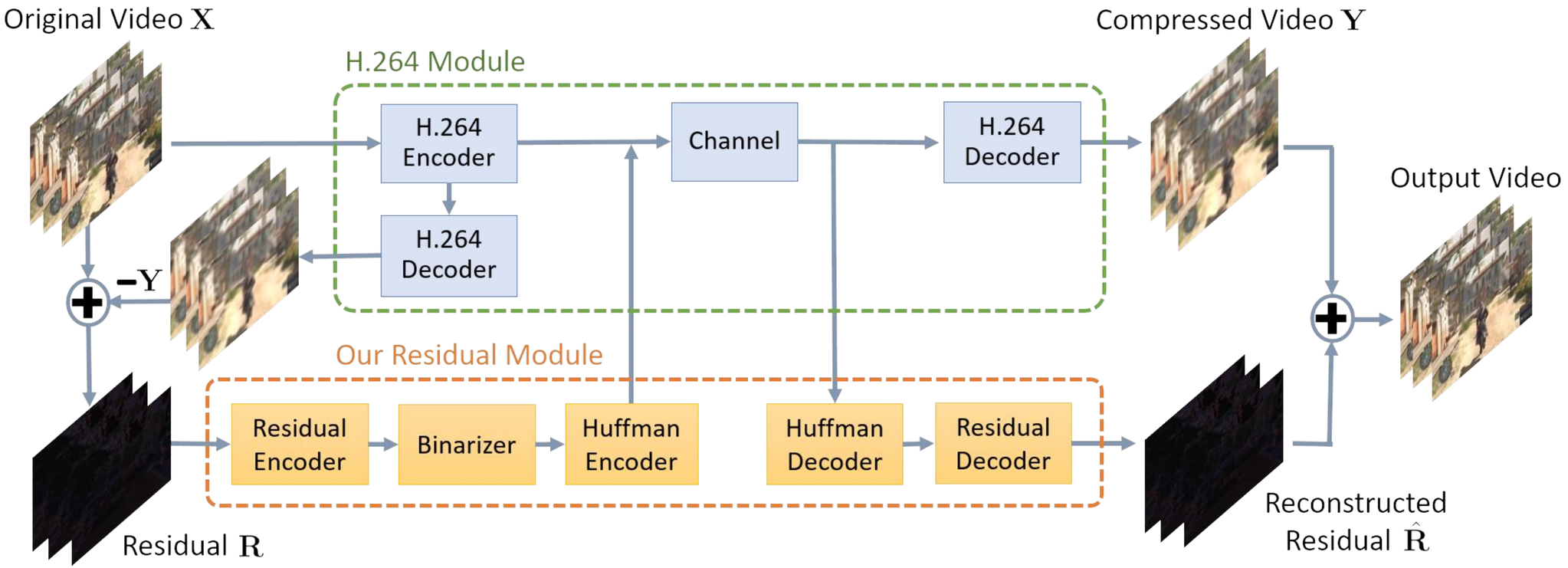


If this latent representation is compact, then it is a compressed representation of the input image

https://medium.com/@birla.deepak26/autoencoders-series-daad78df9350

Learned compression schemes

Many recent DNN-based approaches to compressing video learn to *compress the residual*



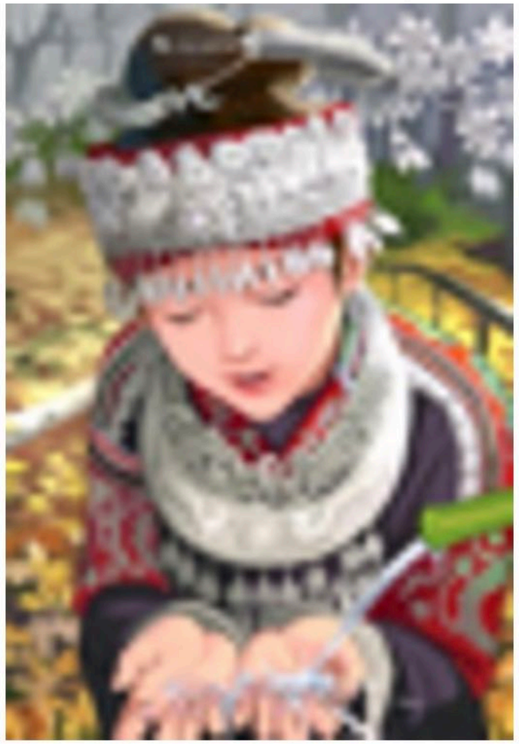
[Tsai et al. 2018]

Use standard video compression at low quality, then use an autoencoder to compress the residual.
(Learn to compress the residual)

Super-resolution-based reconstruction

Single image superresolution task: given a low-resolution image, predict the corresponding high-resolution image

bicubic
(21.59dB/0.6423)



SRResNet
(23.53dB/0.7832)

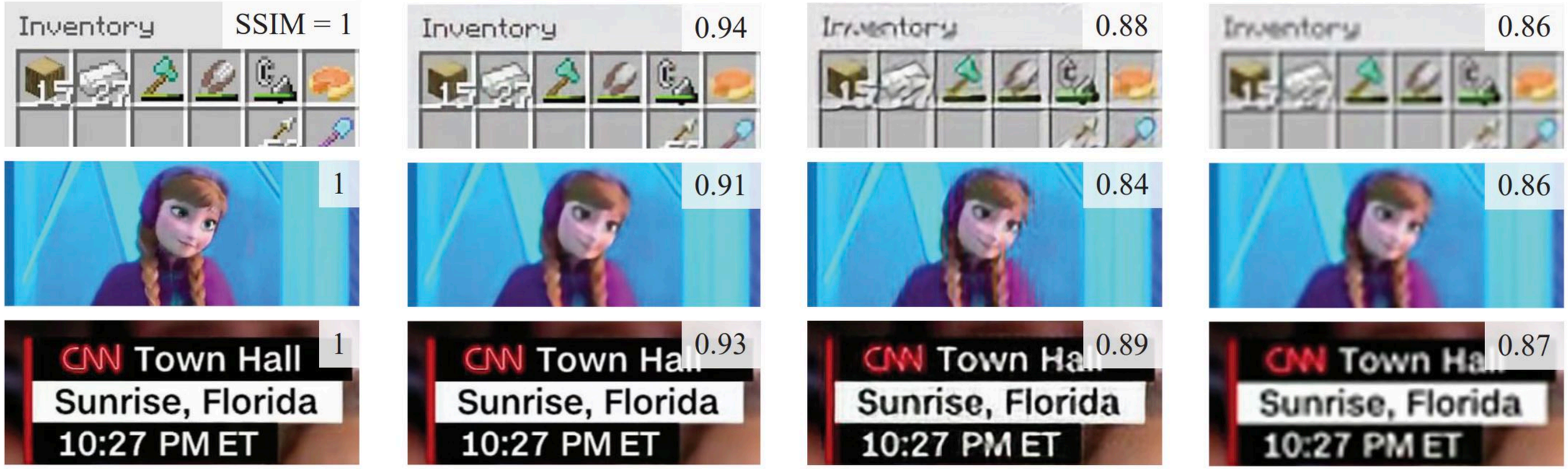
SRGAN
(21.15dB/0.6868)

original

[SRGAN, Ledig et al. CVPR 2017]

Super resolution-based reconstruction

- Encode low-resolution video using standard video compression techniques
- Also transfer (as part of the video stream) a video-specific super-resolution DNN to upsample the low resolution video to high res video.
  - Assumption: training costs are amortized over many video downloads

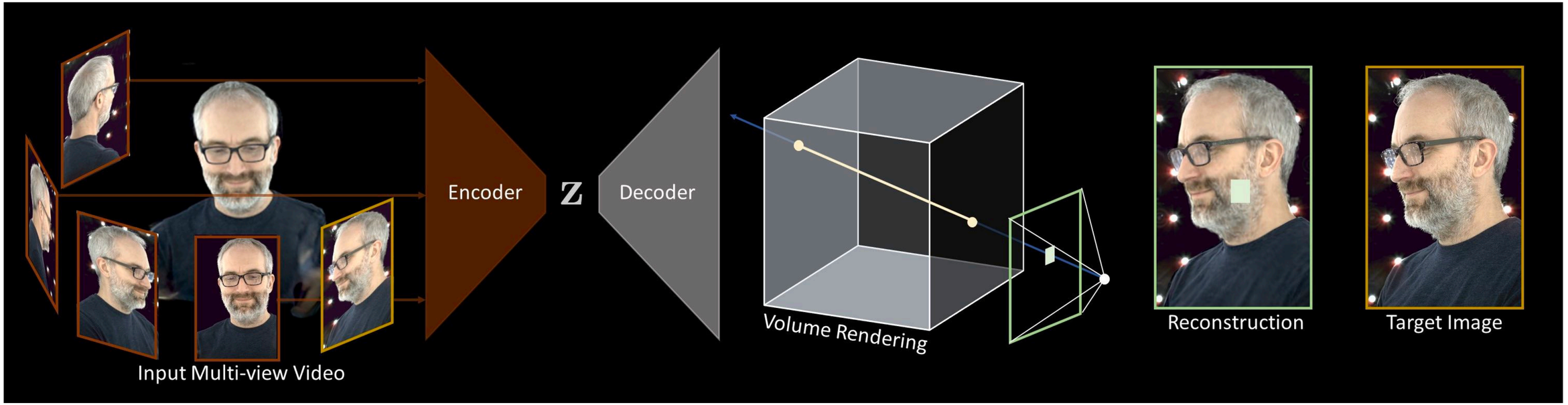


(a) Original (1080p) (b) Content-aware DNN (c) Content-agnostic DNN (d) 240p

[Yeo et al. OSDI 2018]

Neural volumes

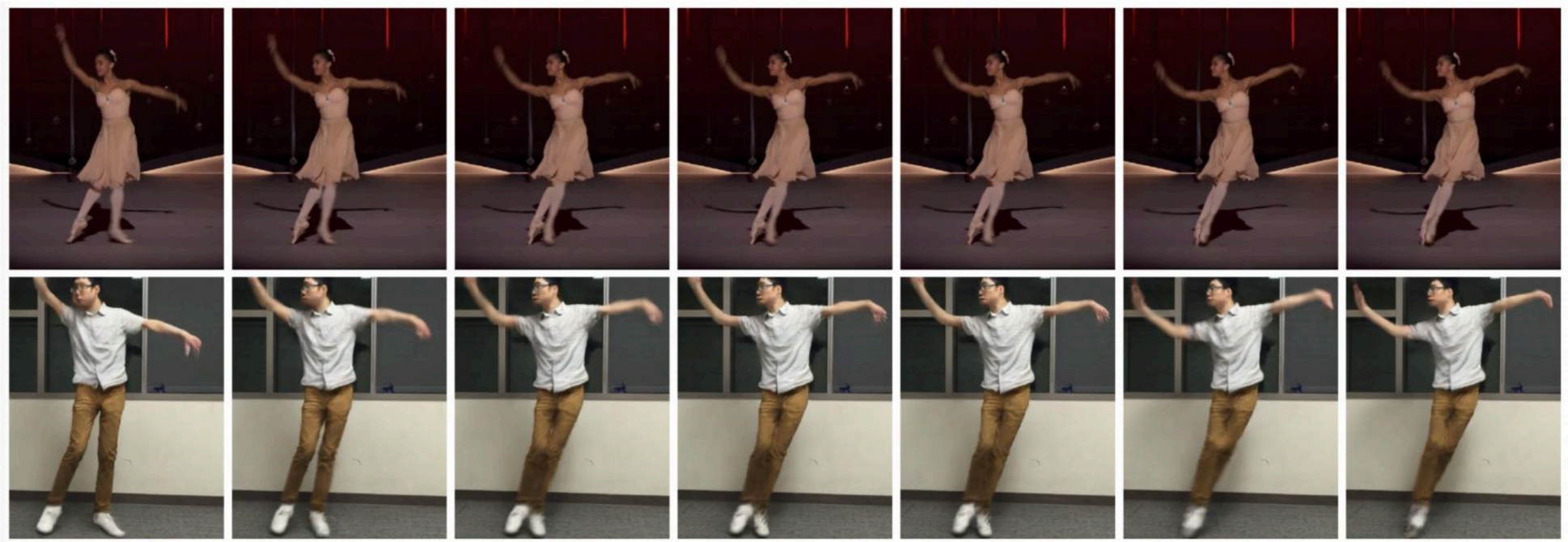
- Learn to encode multiple views of a person into a latent code (z) that is decoded into a volume than can be rendered with conventional graphics techniques *from any viewpoint*



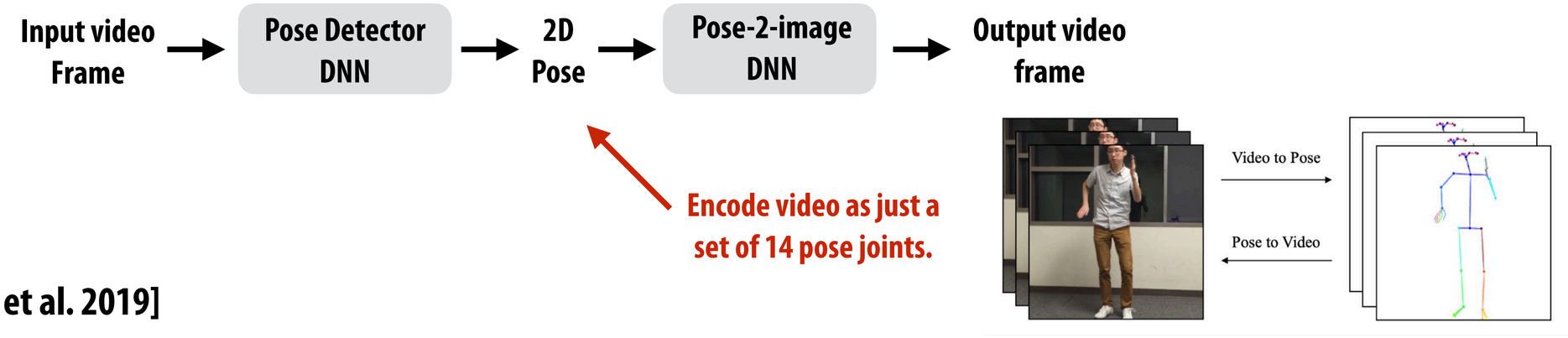
- Motivated by VR applications

Person-specific video compression

Input: video of professional ballerina performing a motion



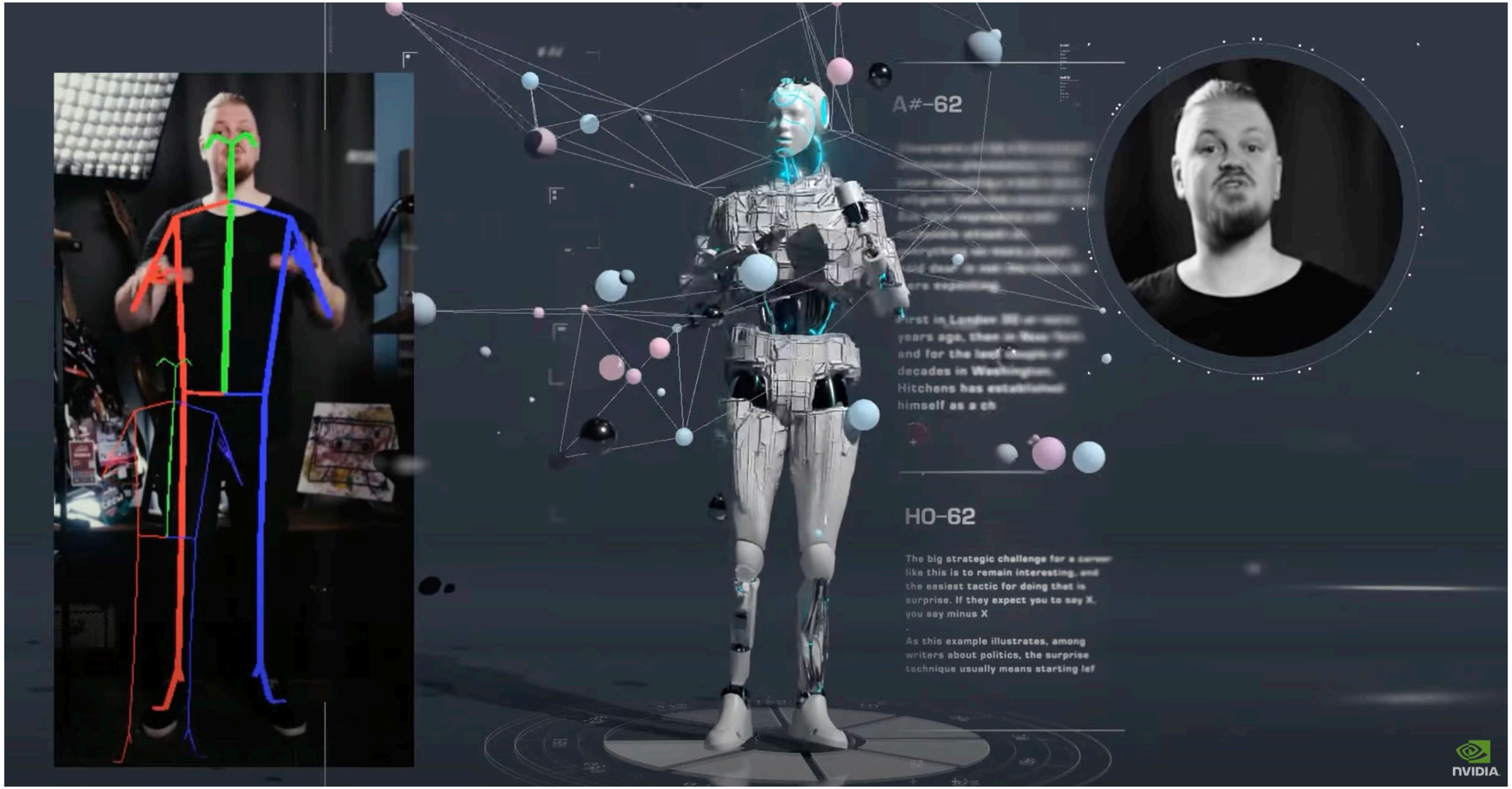
Output: video of graduate student performing the same motion



[Chan et al. 2019]

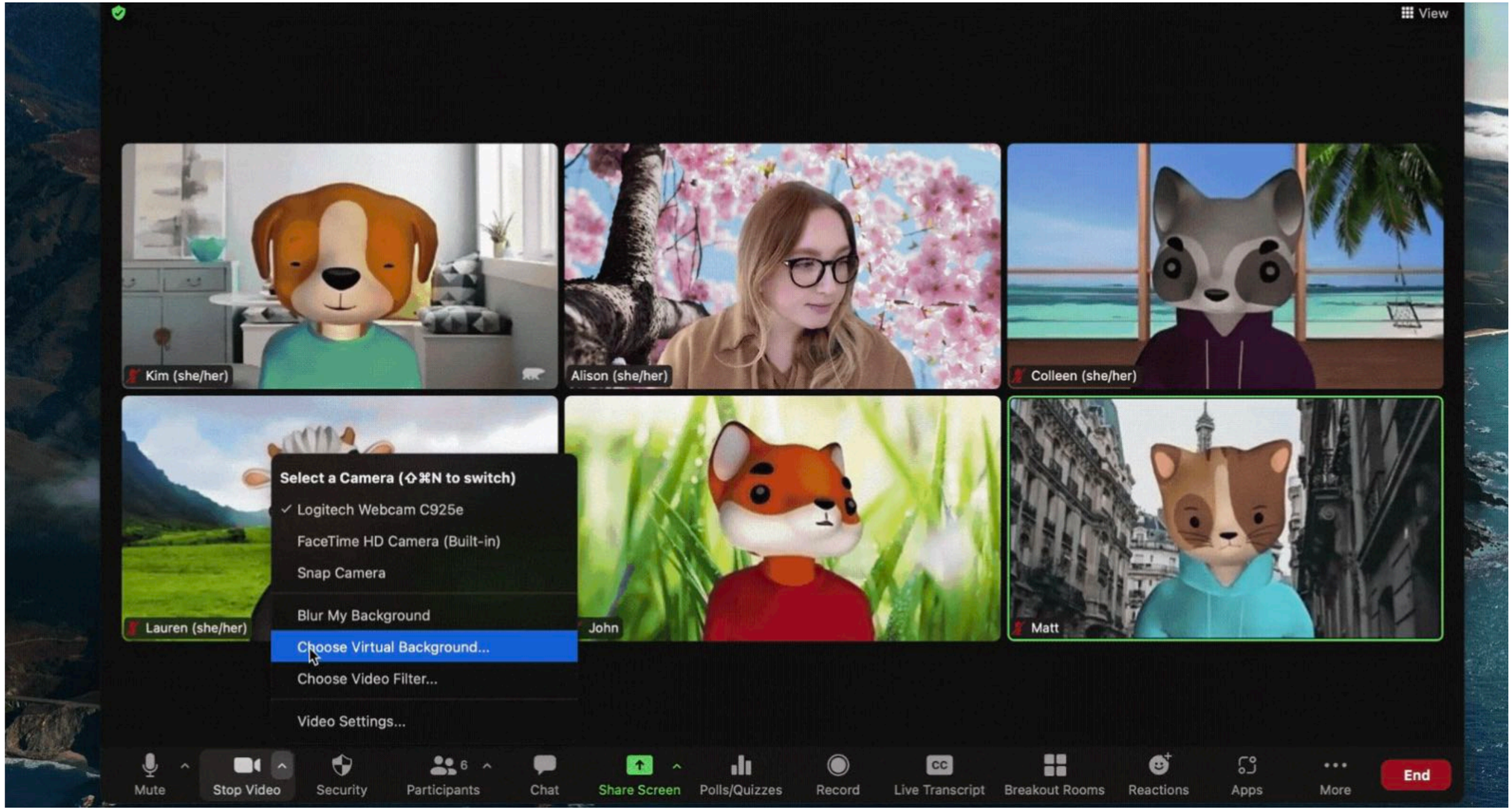
NVIDIA Maxine

GPU-accelerated video processing for video conferencing applications



Examples: avatar control, video superresolution, advanced background segmentation

Zoom avatars / Snapcam lenses



Where is the line between transmission of what happened and "making something up"?

The best camera is the one that's off?

HOW-TO

Best funny Zoom background trick: Put yourself in a looping video so you can skip the meeting

Now you can duck out on those hourlong conference calls.

By Gordon Ung
Executive Editor, PCWorld | APR 13, 2020 3:30 AM PDT

We've all been in Zoom video conference meetings that drag on longer than a bad

Yes, you can make a Zoom background of yourself pretending to pay attention

And it's surprisingly easy to do, too.

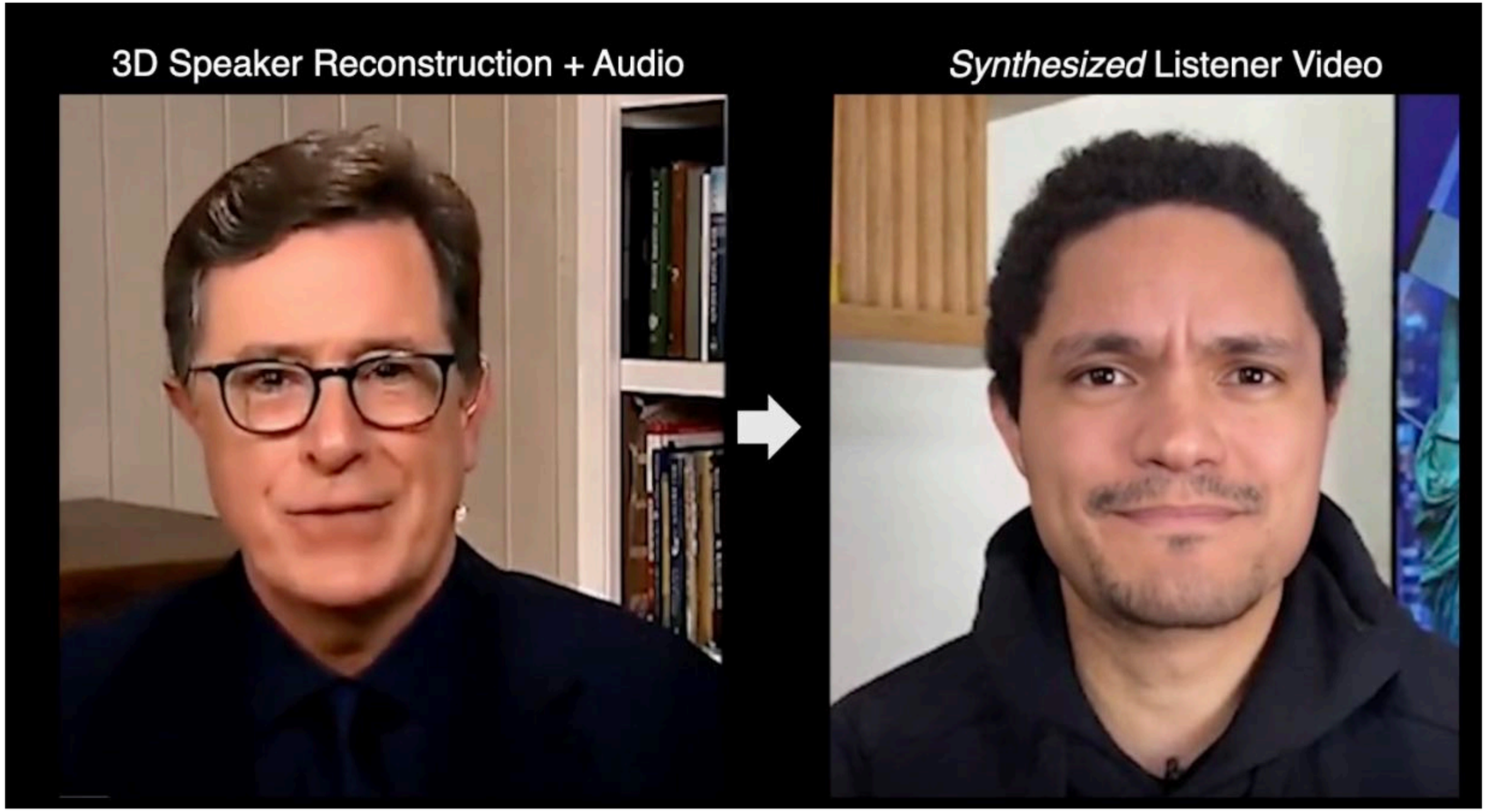
Brian Lloyd
2 years ago

Share

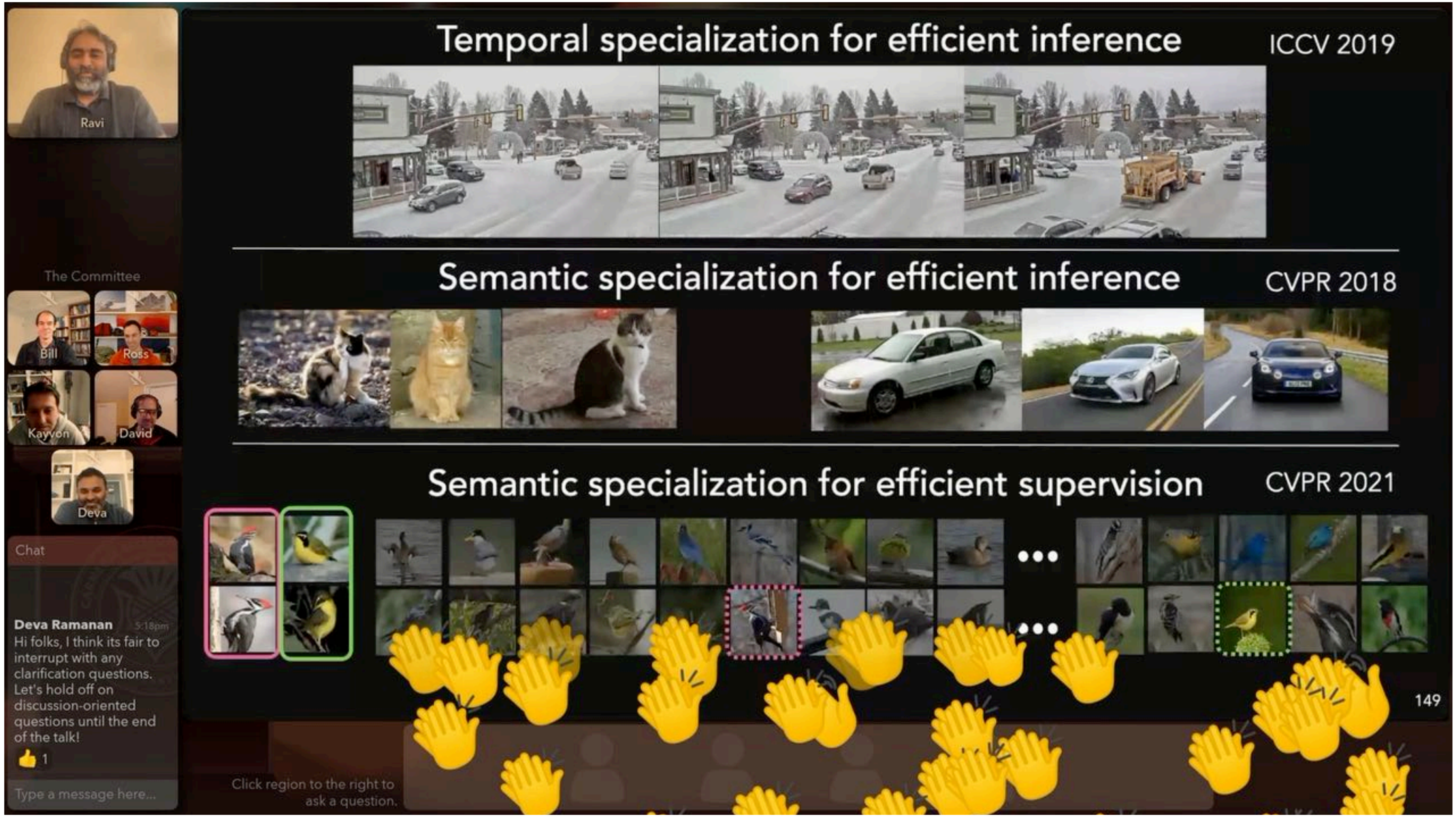
Synthesizing reactions?

Input: audio of speaker

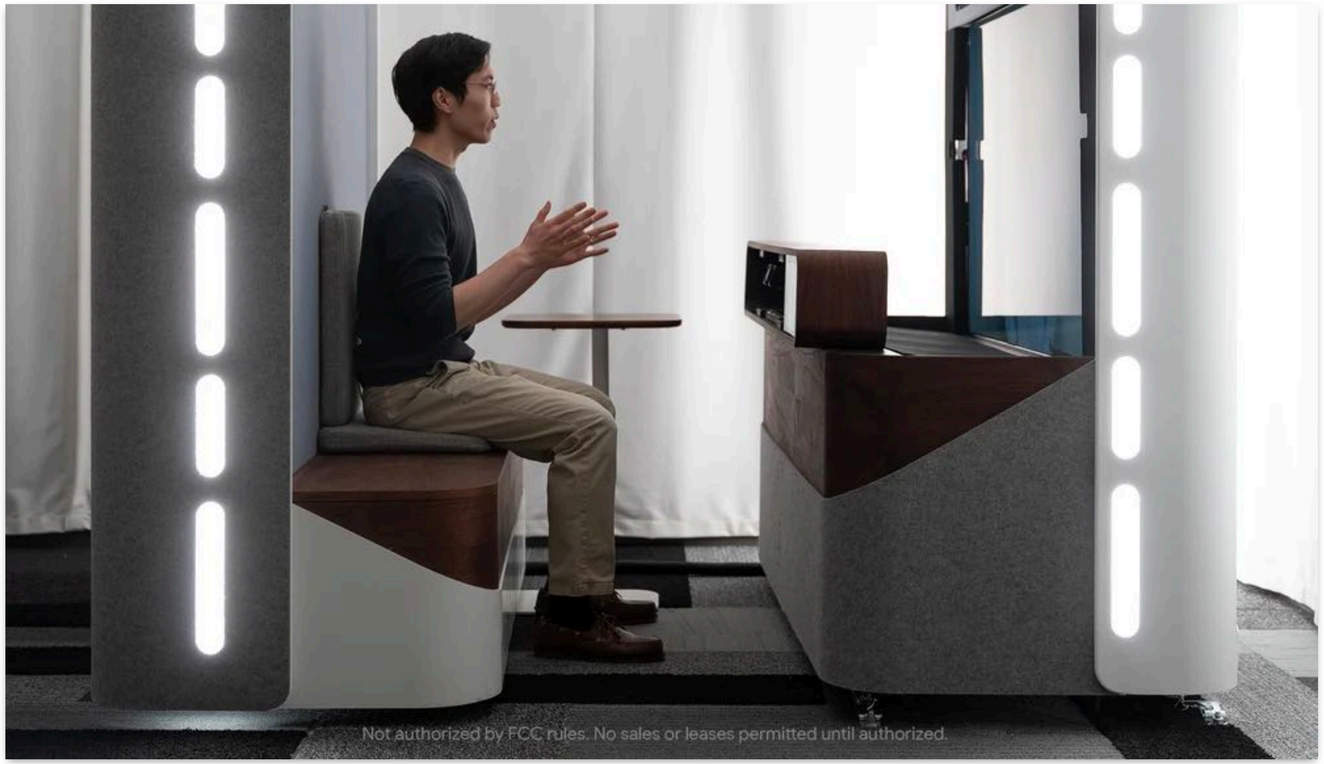
Output: video of listener's reaction



User-triggered effects (examples: audio clips, “reactions”)



Project Starline: pursuit of high fidelity



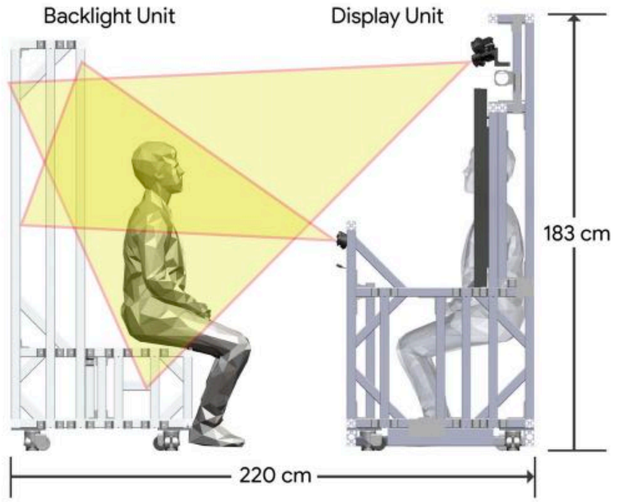
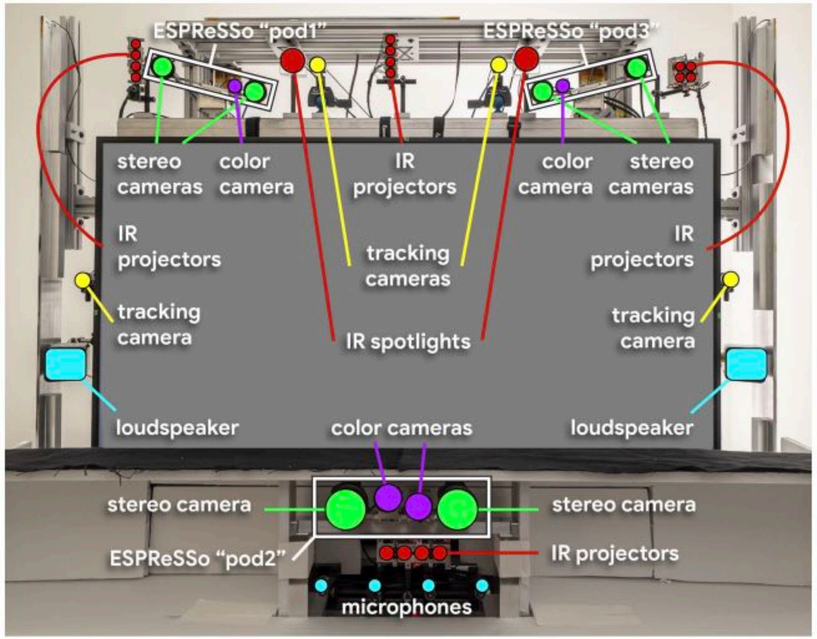


Fig. 4. Side-elevation view of our prototype system, illustrating the relative placement of the user, cameras, display, and virtual remote participant.



[Lawrence et al. 2021]

Summary

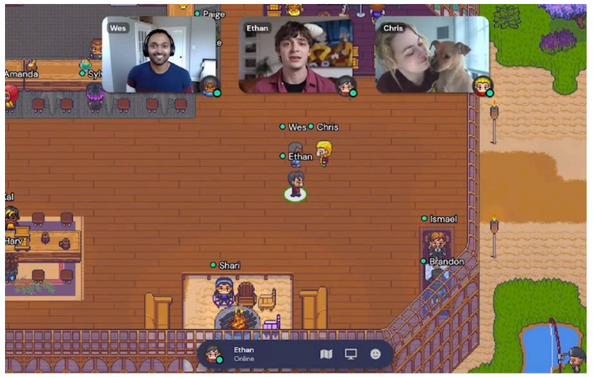
- H.264/265/AV1 video compression are "lossy" compression techniques that discard information is that is present in the visual signal, but less likely to be noticed by the human eye
  - Key principle: "Lossy, but still looks good enough to humans!"

- Key idea of video encoding is "searching" for a compact encoding of the visual signal in a large space of possibilities
  - Video encoder ASIC used to accelerate this search

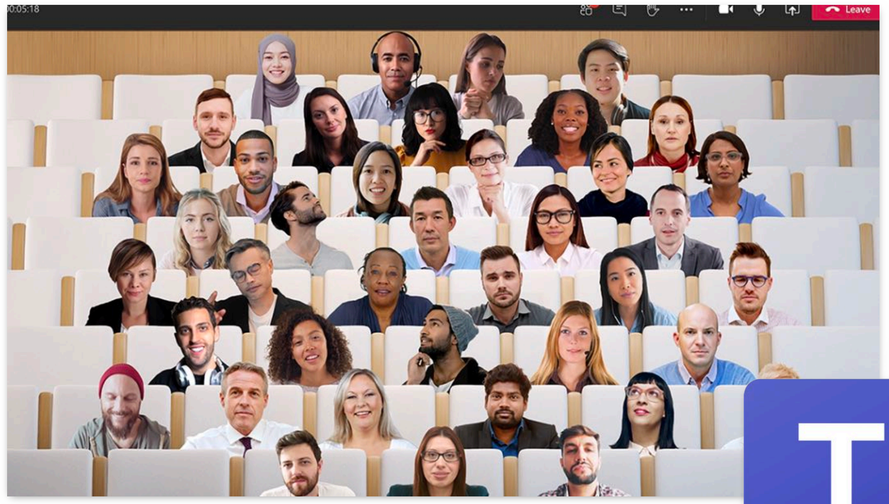
- Growing interest in learning these encodings, but it remains hard to beat well-engineered features
  - But promising if learned features are specialized to video stream contents
  - Or to specific tasks (remember, increasing amount of video is not meant to be consumed by human eyes)

Videoconferencing systems (Only if time)

As you can imagine, a lot of interest in video conferencing

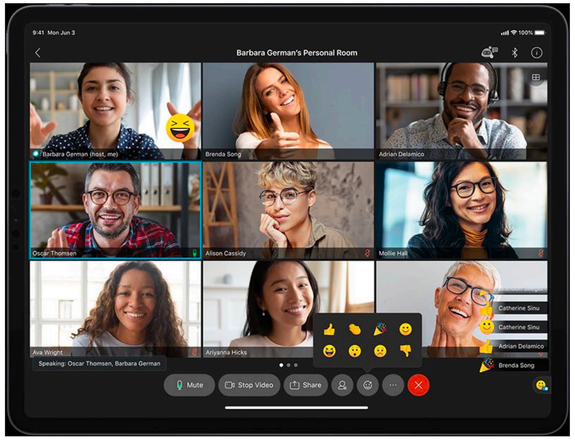


zoom



Gather

BlueJeans



nooks

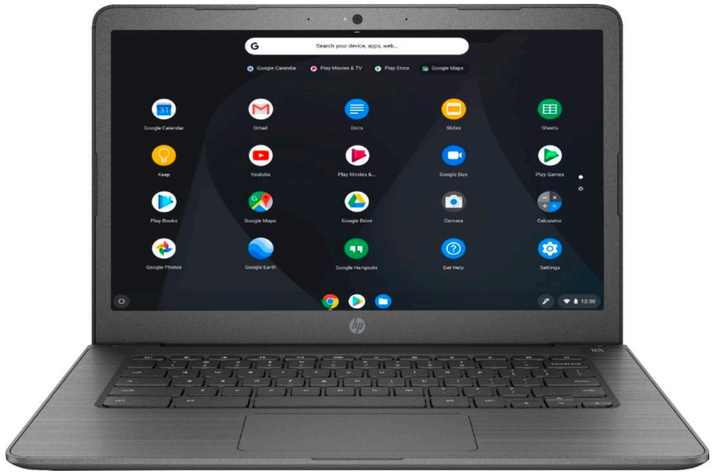
Webex Meetings

ohyay

Let’s design a video conferencing system

We want to deliver a visually rich experience similar to features of modern platforms

Deliver to wide range of clients and network settings



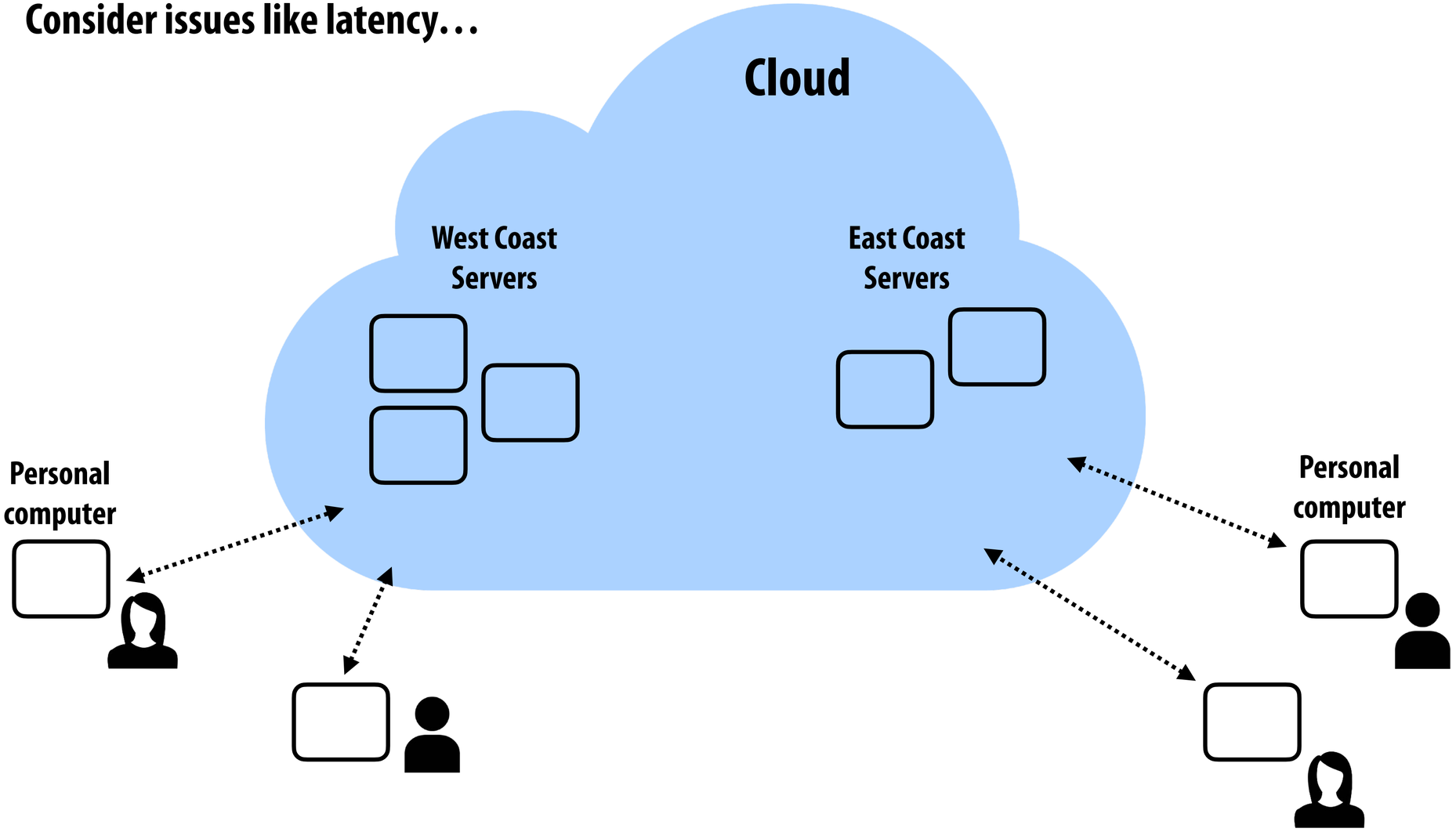
Let's design a video conferencing system

Large gallery views: companies raced to provide 7x7 gallery in 2020 *

*** it was quickly determined this was not particularly great feature**

Setup…

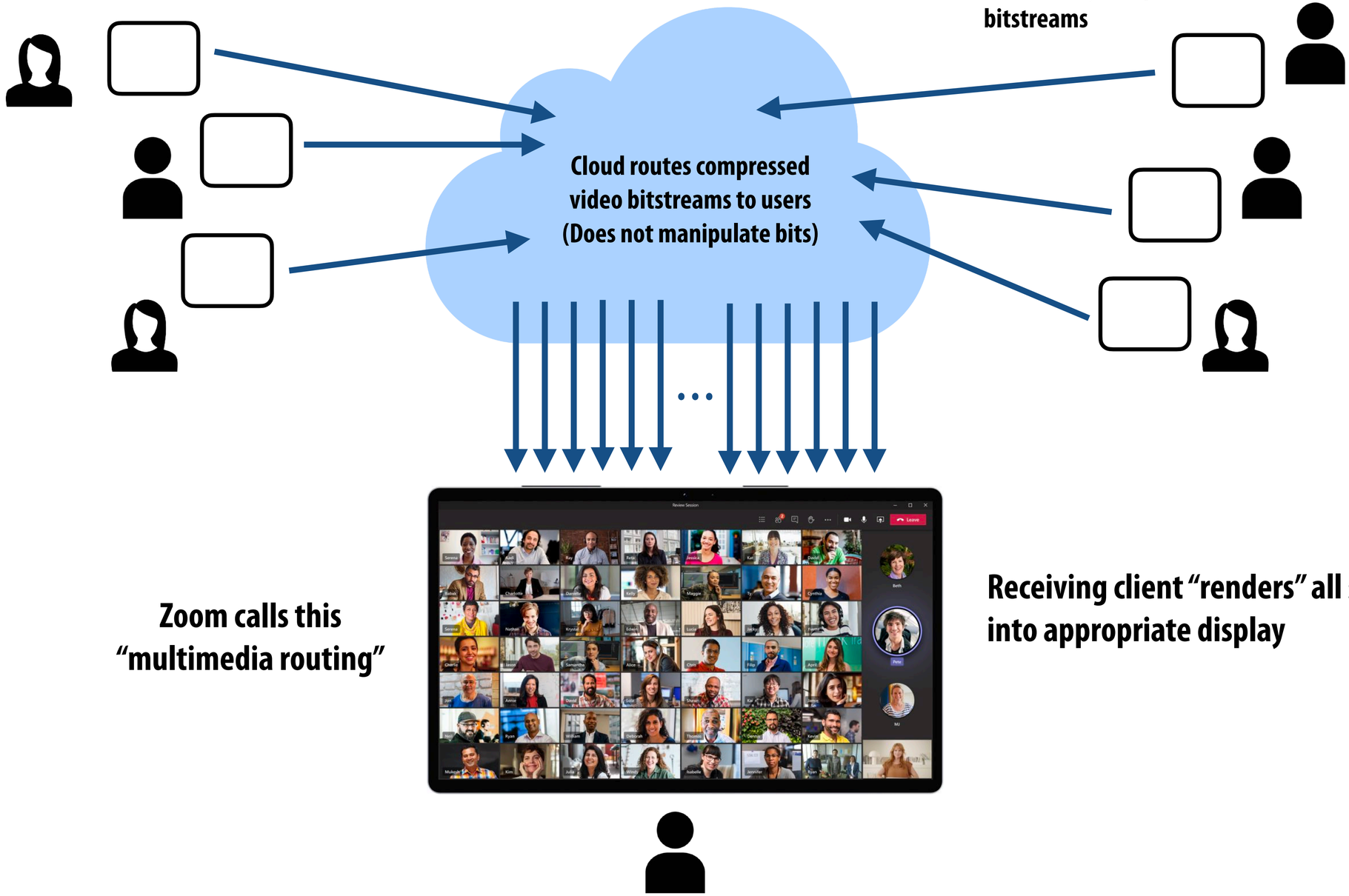
Consider issues like latency…



Q. Should we transcode/process video on our cloud servers?

- What are advantages (to users? To the service provider)?
- What are disadvantages?

Implementing gallery view



One drawback of this design

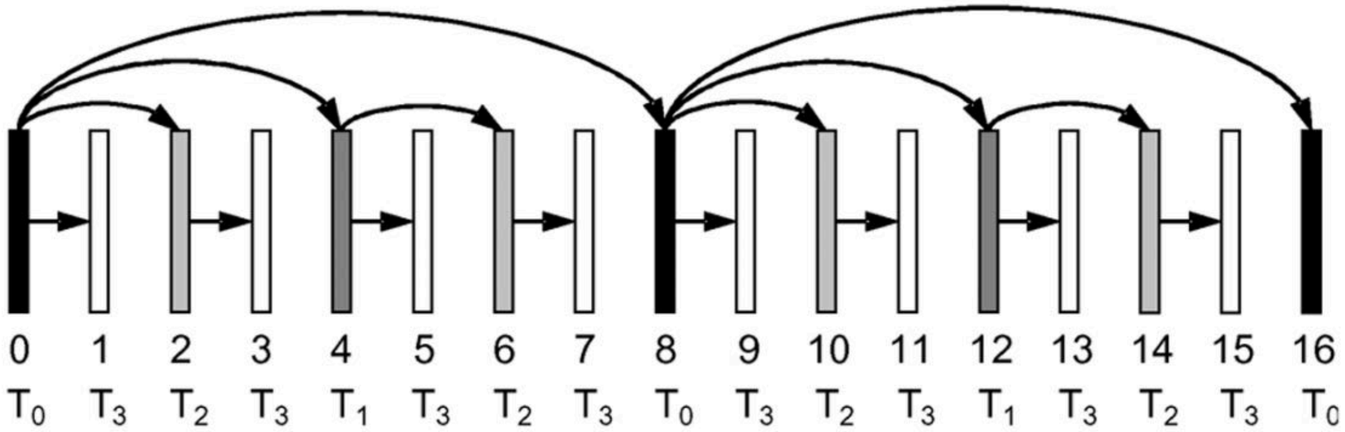
- If each client is providing a single compressed video stream, that means each person on the video call must receive the same bits right? (What if they are on different network connections?)

Scalable video codec (SVC)

SVC is an extension of H.264 standard

- "Scalable" compressed video bitstream: subsets of the bitstream encode valid video streams for a decoder
  - Implication: if packets get lost, the remaining packets form a valid H.264 bitstream, albeit at lower resolution or quality

Example: temporal scalability



Layer 0: (T_0) defines valid video at frame rate R
Layer 1 (T_1) defines bumps frame rate to 2R
…

Note how layer 0 information is used to predict higher layer information

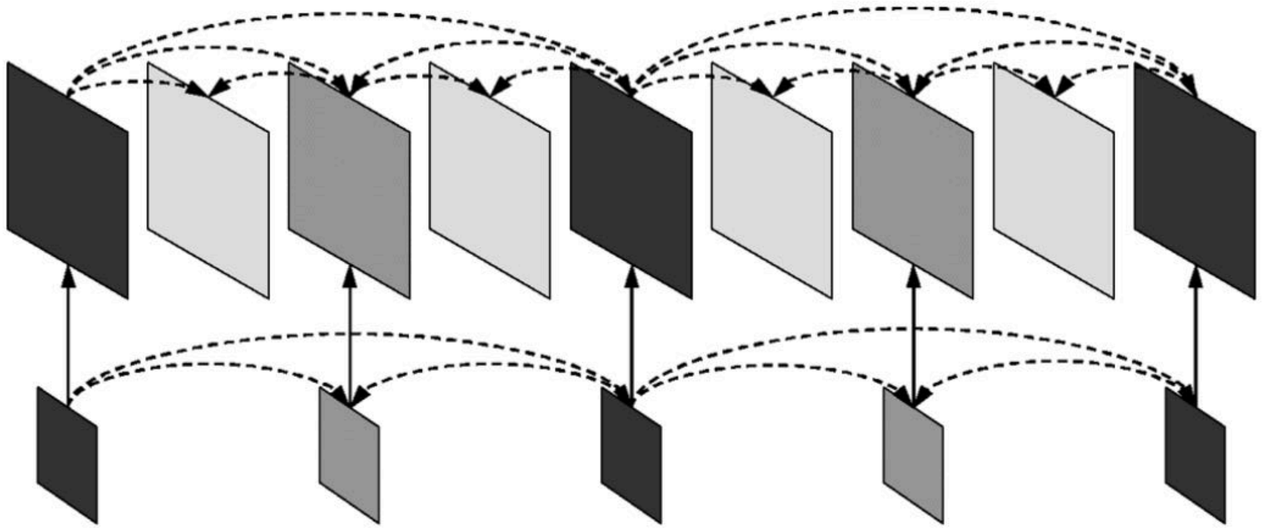
Scalable video codec (SVC)

SVC is an extension of H.264 standard

Example: spatial scalability

Layer 1:
(Higher res)

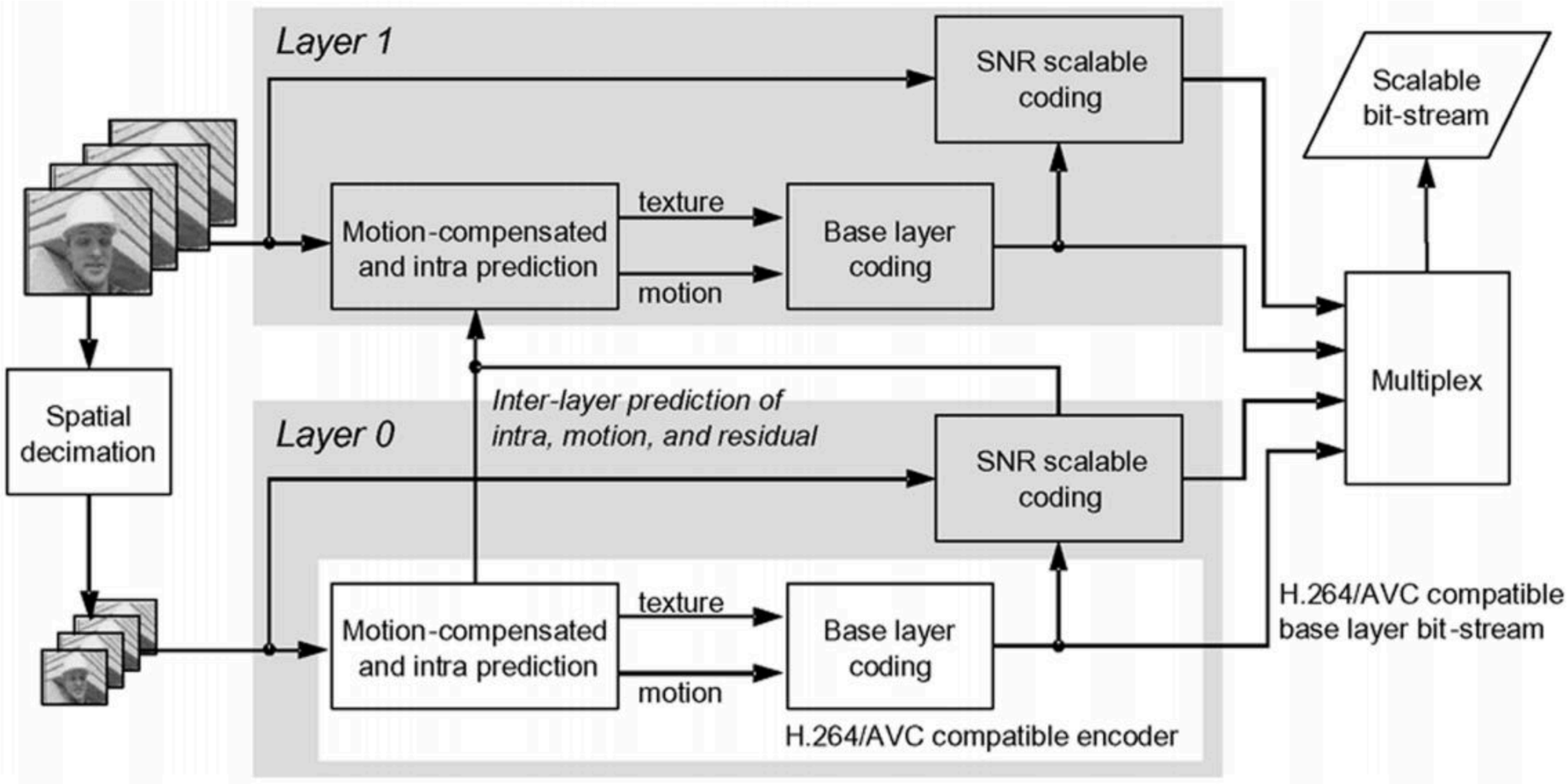
Layer 0:
(Low res)



Again, note how layer 0 information is used to predict higher layer information
(Higher efficiency than independently encoding two video streams)

Layer 0: defines valid video at low resolution (and low frame rate)
Layer 1: provides additional information for higher resolution (and higher frame rate) video

Scalable video codec (SVC) encoder



Costs: higher encoding/decoding costs

(But possible on modern clients as SVC is supported in hardware)